

**Come & 'Have A Go' at Orienteering in this excellent area.**

*Course    Distance    Suitability*

<i>White</i>	<i>1.0km</i>	<i>Navigation by paths, roads and fences for those new to orienteering</i>
<i>Yellow</i>	<i>1.5km</i>	<i>Navigation by paths and fences but with more difficult decision making required, for those who would like to walk/run a little further.</i>
<i>Orange</i>	<i>1.5km</i>	<i>Navigation using some 'line features' but needing to find more difficult 'control' sites. A more challenging course for more experienced map readers.</i>
<i>Technical</i>	<i>2.4km</i>	<i>A technical course for those with some experience of orienteering.</i>

*Parents may assist children on any of these courses.*

*You may do as many courses as you wish up to 4pm – no extra fee.*

*Electronic timing will be used.*

*No pens or compasses required.*

*Instruction provided by members of: -*  
***HALO - Humberside & Lincolnshire Orienteers.***

*Courses close at 4pm.*

**Entrance to the site is at Hessle Foreshore Grid Ref. TA 022253**

**Organiser – John Chaney 01472 653152**

*For more information about HALO  
check out our web-site at  
<http://www.halo-orienteering.org.uk>*

