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East Yorkshire Short Race Series 2011
Final Details – Round 1: Londesborough Park
Saturday 16 April 2011

Directions

The event will be signposted from Londesborough village (SE 866 455). Londesborough village is approximately 4km North of Market Weighton. We will be using the cricket pavilion for Registration, etc. Follow signs to LPCC (and the O signs).

Londesborough Park is privately owned and we are indebted to Mr Ashwin for his support of the event. Thanks are also due to the members of the Londesborough Park Cricket Club for the use of their pavilion. (Will parents ensure that children do not play on the cricket field).

Entrants

Those wishing to enter on the day must go to registration, which will be available from 10am, to complete an EOD form and be allocated a start time. SI card hire will be available from Registration.

Competitors who have pre-entered can start at any time between 10:30 and 11:15, but should report to Registration to confirm their presence before going to the Start.

Yellow Course

A yellow course will be available at this and other Short Race Events, this is aimed at beginners to the sport and anyone not wanting to take part in the Prologue/Chase Races. Entry for this will be On The Day only. Fees are £2 adults, £1 juniors plus dibber hire of £1/50p if required. The information below will be relevant to the Yellow course (apart from the information relating to the Chase race).

Start procedure

The Start and Finish will both be a short walk from Registration (approx 500m).

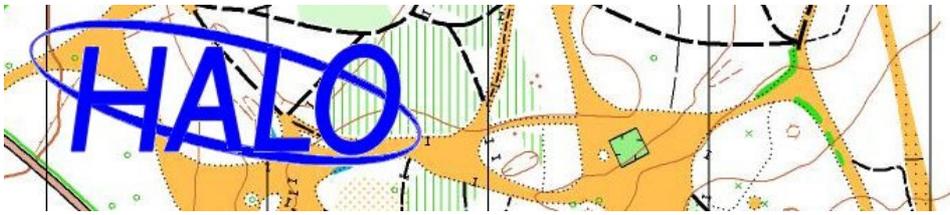
Note-there will be two Finishes, one for the Prologue and one for the Yellow and Chase courses.

Starts will be from 10.30am for the Prologue event and from 12.00 noon for the Chase event.

There will be a punching start for both the Prologue and Chase.

Chase start times will be displayed at registration as soon as practicable after completion of the Prologue course. The organisers may amend the Chase start time, subject to agreement of all competitors.

For this event, the Chase will have a handicap start based on the times in the Prologue, ie the fastest competitors on the Prologue will start last. This will prevent the situation arising whereby the later starters are still waiting to start when the leading runners have finished.



Scoring

For the league purposes, the Prologue and Chase are treated as separate races. The winner in each category will receive 50 points, second place 49, etc. The best six scores (out of a possible eight) will count for the overall placings.

Maps

The map scale will be 1:5000 with contour intervals of 5m, the map has been updated for this event. Both Prologue (2.8km) and Chase (2.9km) Courses will be pre-marked and printed on A4 sized paper. If necessary, map bags will be provided. (Course distances are subject to final controlling). Control descriptions will be printed on the maps. Loose descriptions will also be available (at Registration for the Prologue and in the Start Lane for the Chase). There will not be a legend on the map, loose copies will be available at Registration. .

Terrain

The competition area for this event consists of generally runnable areas of woodland, some on steeply sided valleys. The Prologue course will cross some fences, these can only be crossed at the marked crossing points.

The Prologue course passes through a wood containing a small lake, there are ground nesting boxes in this area – please avoid these. There is a potential route choice across the top of a small weir at the lake outlet. The water level here is normally less than one inch and it can be quite slippery. It can be safely crossed with care.

In addition to the cultivated land, there is one other out of bounds area, this is marked on the map with vertical red lines, and on the ground with notices erected by the landowner. These areas must not be crossed.

Please also read the section about Forestry operations in the “Safety” paragraph.

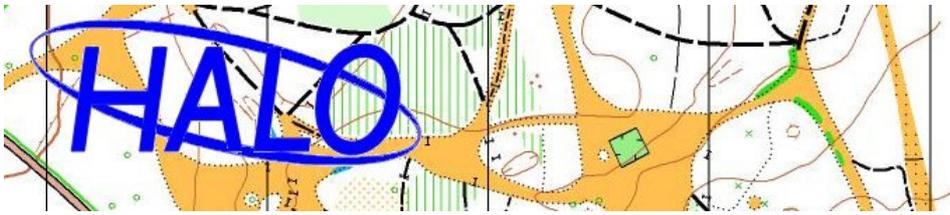
Facilities

Toilets will be available in the Cricket Pavilion.

Squash and water will also be available at Registration.

Car keys may be left at Registration.

Competitors are welcome to bring their lunch/drinks etc into the Pavilion.



Safety

Please note that British Orienteering insurance and other liability insurances do not provide personal accident cover. It is a standard condition of British Orienteering events that participants take part at their own risk and are responsible for their own safety.

All competitors should carry a whistle.

All competitors must report to download in the assembly/registration area, even if they do not complete their course.

There will be a First Aid Kit at Registration.

The nearest 24 hour A&E hospitals are at Hull (Anlaby Road, HU3 2JZ, Tel: 01482-875875) and at York (Wiggington Road, YO31 8HE, Tel: 01904-631313). Directions available at Registration.

There are ongoing Forestry operations taking place, take extra care near log piles and machinery. Additionally there are a number of old log piles adjacent to the forest roads, these are unstable and should be avoided.

Results

Provisional results will be posted at Registration during the event.

Final results will be published on HALO website (www.halo-orienteeing.org.uk) as soon as practicable. RouteGadget will be used at this event.

Competitors requiring a printed copy of the results must deposit a stamped addressed envelope at Registration.

Cancellation

If it is necessary to cancel the event a notice will be posted on the HALO website. In addition, the organisers will endeavour to e-mail all pre-entered competitors.

Contacts

Neil Harvatt (Joint organiser) can be contacted on 07800-784255 if you have any queries.

Thank you for supporting this event and we look forward to seeing you on Saturday.

HALO hope you have enjoyable runs and a safe journey home.