

Peter Palmer Relays 13-14th September 2014

Final Details

Travel

It will be held at Walesby Forest Outdoor Adventure Activity Centre:

O/S Map Ref: SK668702

Brake Road, Walesby, Newark, Nottinghamshire, NG22 9NG

Find map directions: [Click here](#)

There will be O Signs from the A614

Parking

We are not using the Walesby Forest Outdoor Centre Parking, please drive past the centre and parking will be signed just afterwards and will be in a field.

Terrain

Walesby Forest has clear boundaries with a stream and perimeter fence. There is a good path network. The terrain is a mix of semi parkland and mixed woodland. All courses make use of the parkland but only the red and green courses visit the northern woodland. Areas around and into controls in the northern woodland will be cleared to meet the visibility guidelines for the Peter Palmers as the level of bracken is high. The undergrowth slow run symbol should be interpreted as high bracken which will impede progress through the terrain and impact on route choice.

Course Details

Leg	Course Standard	Length	Climb
Leg 1	Red (Night)	4.9 km	55m
Leg 2	Red (Night)	4.9 km	55m
Leg 3	Light Green (Dawn)	4.0 km	50m
Leg 4	Orange	3.2 km	30m
Leg 5	Yellow	2.1 km	20m
Leg 6	Green	6.0 km	60m

Registration

Most teams have fully declared their teams. If you have any changes then Final team declaration needs to be done before 7.00pm on Saturday 13th September. You can pick up your team bag which will include team numbers and any hired SI cards. SI cards can only be used for one run/leg. The loss of a hired SI card will incur a charge of £20.00.

Any owed monies should be paid at registration. Extra helpers and runners should also be paid for at this time. Cheques made payable to "Humberside & Lincolnshire Orienteers"

Cleaned and engraved trophies should be returned to registration.

Race numbers are to be worn by all competitors:

Leg 1 = Red

Leg 2 = Pink

Leg 3 = Light Green

Leg 4 = Orange

Leg 5 = Yellow

Leg 6 = Green

Start / Finish / Change Over

All are adjacent to the registration marquee.

There is a spectator control visible from the camping area.

Tracking

We have been fortunate in securing the use of the Trak Trak units that will be used at the World Orienteering Championships in Scotland 2015.

All runners on Leg 2 (Red 2), Leg 4 (Orange) and Leg 6 (Green) will be tracked. The race can be watched in the marquee. Runners on these legs need to ensure that they are at map issue in plenty of time to have their tracking device allocated and attached.

Start Procedure

There will be a mass start for all Leg 1 runners at 04.30am. Each runner will need to clear their SI card, collect their map and check their SI card to be sure it has cleared properly and follow the start official's instructions. You must not break the seal on your map until the Start Official has started the race.

All other Legs will need to ensure they arrive in plenty of time. After the spectator control there is approximately 1Km to go. Ensure you clear your SI card, check your Si card, collect your map and where appropriate attach your Trak Trak unit (Legs 2, 4 and 6).

The handover will be considered complete by the touching of hands. Once you have touched the hand of your next leg runner proceed to the finish unit and then through the map and trak trak collection funnel. You must then download, please do this immediately after completing your leg to ensure a timely set of results.

You must not break the seal on your map until you have been handed over to.

Mini Mass Starts

There will be a mini-mass start for unstarted runners at 08.00, which legs to be included will be notified at the time.

Finishers

After handover, continue to the Finish station, hand in your map and Trak Trak unit (if appropriate) and proceed to download in the marquee.

There will be a finish line marked by the Finish banner.

The race placing will be decided by order of crossing this line, please stay in order until you have punched the finish station.

Results Display will be in the marquee which include download and the trak trak screens.

Food

There will be no food available at the event until breakfast.

Breakfast will be served between 7.00 – 9.00 am or as necessary for late runners.

Accommodation

Each team has been allocated tent(s) appropriate to their team size. You will need to bring with you sleeping bag and sleeping mat. See Appendix 2 for details. The number in each box is the Team Number, team captains can allocate sleeping arrangements as they see fit within their allocated tent(s).

Toilets and showers are available on site, see site map for location (Appendix 1).

There is a cabin away from the event for the designated drivers (1 bed / team). Sleeping bags will be needed.

Trophy Presentation

There will be a ceremony to present the trophies to the winning teams as soon as possible once results are known. This is anticipated to be around 9.00am if in line with previous years.

The appropriate trophy will be awarded to the winners and Medals will be awarded to the first 3 teams in each:

Peter Palmer Trophy

Joan George Trophy

Norwich Orienteering Club Anniversary Trophy

There will also be a medal awarded to the fastest girl and boy on each leg.

Five a side football

There is room for football or other games on the parkland in close proximity to the campsite. If teams want to do this then we will try to facilitate this. Please bring a ball or other equipment as needed.

Accident and Emergency

The nearest A&E is the Nottingham University Hospital, Telephone: 0115 924 9924
Address: Derby Road, Nottingham, Nottinghamshire, NG7 2UH

There will be a limited first aid kit at Registration/Download.

Officials

Planner: Zachary Field (ShUOC)

Controller: Tony Carlyle (AIRE)

Organiser: Dean Field (HALO/SYO) 07793 208 228

Helpers from HALO

Area/Map NOC

Appendix 1 – Site map



Appendix 2 – Tent Allocation

CAMPING. APPENDIX 2

