

HALO Saturday Event – Saturday November 7th 2015

First Event?

If this is your first event, try the White course if you are a junior, the Orange course if you are an adult or the Yellow if you are a family group. It is recommended that under 16's are accompanied on their course.

Ask for help at the start or from anyone in a yellow bib.

All courses use electronic timing.

All controls must be visited in the order shown on the map.

If you enjoyed the experience, why not try a harder/longer course. Before attempting a second course, the information from your "dibber" must be downloaded into the computer. Tell the operator which number course you have just done, as follows:-

1 – White	3 – Orange
2 – Yellow	4 – Technical

Fees

Adults £3, Juniors £1.50 (includes dibber hire, if required).

If you run together as a group, then only one fee is payable (but you only get one map and one dibber).

Once you have paid you may attempt as many courses as you wish, time permitting.

Last start will be 3pm and controls will be collected in from 3:30pm.

Registration

Members with own dibber – go straight to the computer.

Non-members – fill in an entry form before going to computers.

Important information

Remember there are other users, including dog walkers, cyclist and joggers in East Park, please give way to them. They have as much right to be here as we do.

The paths, steps and slopes can be very slippery – please take care.

There are two lakes in East Park, they are not to be crossed under any circumstances.

The perimeter road has light traffic, take care crossing roads.

Finally

If this is your first event, we hope you enjoy yourself today and if you do, please leave an email address and you will be sent further information on Orienteering events in the area.

The next Orienteering events in the Humberside area are as follows:-

Saturday 28th November – Bradley Woods, Grimsby

Sunday 13th December – Beverley Westwood 10:30 to 12:30 (register at Longcroft School).

(see www.halo-orienteeing.org.uk for the latest information on all events)

Course information

Map

The maps are drawn to a 1:5000 scale, so 1cm represents 50 metres.

The map has a legend on it detailing the symbols used.

Control descriptions are also printed on the front of the map.

(There will be loose control descriptions for the Orange and Technical courses)

For the uninitiated the red line on the map between controls indicates where the next control is, it is not necessarily the direction you have to run. One of the skills of orienteering is choosing the best route to the next control.

White Course Length 0.6 km

This course follows surfaced paths. There will be a control at most decision points.

It is suitable for pushchairs and wheelchairs as it can be completed without going up or down any steps or leaving the path.

Yellow Course Length 1.9km

This course also follows surfaced paths, but a couple of controls will be just off paths. The controls are more spread out than in the White course and you will be required to sometimes make your decision as when to turn left or right, etc.

Orange Course Length 3.1km

Although some of the controls for this course will be on paths, many won't. You will be required to navigate away from the paths, usually to a fairly obvious feature near a path or other line feature (fence, wall etc)

Technical Course Length 4.3km

Most of the controls will be away from paths. Decisions on route choice will be required

All participants.

You must report back to the download/registration tent even if you did not finish your course. We don't want to mount unnecessary searches.

Please don't forget to hand your dibber in when you have finished.

Last start will be at 3pm.

Controls will be collected from 3:30pm onwards

HALO Club Website
www.halo-orienteering.org.uk