

Gainsborough Urban 2018

Final Details in red (VERSION 2 – 17th Oct.) - Saturday 20th October 2018

<p>Directions</p> <p>Parking</p>	<p>Traveling from the West you should take a right turn after the 'Trent' and then 7th left. Look for Foxby Hill. Once up the hill turn left into Middlefield lane and then right at Park Spring Road for Car parks 1 and 2.</p> <p>Car Park 1 - http://streetmap.co.uk/map.srf?X=482734&Y=388928&A=Y&Z=106</p> <p>Tarmac area on Victoria Close, Park Springs Road. Postcode DN21 1PJ - 300m from assembly. No fee.</p> <p>Car Park 2 - http://streetmap.co.uk/map.srf?X=482897&Y=388907&A=Y&Z=106</p> <p>(this extra parking may not be needed) at: - St George's Primary C of E Community School, Lindsey Close, Gainsborough, Lincolnshire DN21 1YN - 500 metres from assembly. No fee.</p> <p>Car park 2 is very close to 'START' – you may wish to go directly to start if you have pre-entered, otherwise, follow marked route to assembly – you may bring sports bags and picnics.</p> <p>Please look at the map below.</p> <p>Car keys left at the start will be transferred to download.</p>
<p>Assembly</p> <p>Registration</p> <p>Starts</p> <p>Download</p>	<p>Gainsborough Uphill Community Centre http://streetmap.co.uk/map.srf?X=482568&Y=389030&A=Y&Z=110</p> <p>Riseholme Road, Gainsborough, Lincolnshire DN21 1NJ. There are toilets available in the Centre. There is a convenience shop attached to The Community Centre.</p> <p>There is a kitchen - you can boil water.</p> <p>10 to 11.45 noon. Check your battery here if you are using a SIAC card/dibber.</p> <p>Reserve a map by email to BS - but pay EOD.</p> <p>10.30 to 12noon</p> <p>Assembly to start 550m – follow the marked route from assembly. Finish to assembly 50m.</p> <p>There is no need to visit registration if you are pre-entered, but please feel welcome to do so. All competitors must download whether or not they complete their course.</p>
<p>Entries</p>	<p>Online entries via Fabian4 will be available from 28th September until 14th October.</p> <p>Adult fees £8; Family of 4 or more £20; Junior/student £4.</p> <p>Entry fees after 14th October by email or 'phone and EOD will be £10.00/£25/£5.00.</p> <p>EOD subject to map availability. Helpers discount code from BS.</p> <p>SI Card hire is (£1); Pre-hired cards to be collected from Registration.</p> <p>SIAC hire must be ordered in advance at £2.</p>

	<p>Postal entries by 14th Oct. for cheaper rate - to B Slater, 32 Scrivelsby Court, Cleethorpes, DN35 0HJ. Cheques payable to HALO. Control boxes will be programmed as Beacon Controls i.e. Contactless but not 'START' nor 'FINISH'. Please note that a more modern dibber is required for 30 or more controls on a single course.</p>		
Courses	Points scored will be attributed to YHOA Urban League & HALO League	Lengths	controls
A	Open Men (M18-M35)	8.7 km	34
B	Open Women (W18-W35); Veteran Men (M40+)	7.0km	30
C	Veteran Women (W40+); Super Veteran Men (M55+)	5.9km	25
D	Super Veteran Women (W55+); Ultra Veteran Men (M65+)	4.9km	21
E	Ultra Veteran Women (W65+); Hyper Vet (M/W 75+)	3.6km	20
F	Junior Men (M16-); Junior Women (W16-)	3.3km	20
G	Young Junior Men (M12-); Young Junior Women (W12-)	2.3km	15
Terrain Safety	<p>The part of Gainsborough that we are using has four 2.5m contours so there will be minimal climb of any significance even on the longer courses. The area is very varied with many footpaths between housing, lots of open grassy areas, two underpasses and a road across the A631.</p> <p>Safety issue - the A631 underpasses have been emphasised by the 'canopy' symbol – do not go over – FAST VEHICLES.</p> <p>The usual safety precautions apply: -</p> <ul style="list-style-type: none"> • Take care/slow down exiting/entering narrow passages; • Give way to other users; • Check diligently when nearing road crossings; • All starters must visit registration to download. <p>Roads within the estates are usually quite busy but only with local traffic which is legally limited to max of 30mph.</p>		
Map	<p>The new area map is produced by Paul Taylor (CLOK) and surveyed on foot by HALO members. Maps for all courses will be printed at 1-5000 on A3 waterproof paper by 'BML PRINT'. Control descriptions will be available in the start lanes.</p>		
Officials	<p>Planner: David Jolly Controller: Pete Harris Organiser: Brian Slater - bslaterclee@yahoo.com</p>		

