

Risk Assessment for Orienteering

Risk assessments are concerned with identifying the hazards (i.e. things which might go wrong or cause an accident/injury), evaluating the likelihood of a particular event occurring (i.e. level of risk) and putting measures in place needed to reduce or eliminate the risk.

Name of Club / satellite club name / after school club		HALO Orienteering Event	
Name of person completing this form	Brian Slater	Position of person completing this form (coach, organiser etc)	Event Organiser
Venue for session / event / activity	Normanby Hall Country Park	Date for session / event / activity	11/01/2014
Name of person in charge of session / event / activity		Brian Slater	
Risk assessment signed	<i>BSlater</i>	Risk assessment dated	3/01/2014
Risk assessment checked by (name, position and date)	Print name & position (coach mentor, controller etc):	Dorothy Smith	
	Sign and date:	D Smith 3/01/2014	

Emergency Information

Emergency access point (for emergency vehicles)	Post code / grid reference: SE887189	Place from which signed: B1430 Normanby Village
Nearest A&E hospital:	Name and Post code: Scunthorpe General Hospital Cliff Gardens DN15 7BH	Map available (where): Classroom
Working telephone:	Landline or mobile: If mobile (reception checked?) YES	Number: 07751 481332
First Aid cover	Name of first aider: Brian Slater	Located where? Classroom

The Risk Assessment

It is essential that the mitigation column is completed in detail so that the control measures and who is responsible is fully understood in advance of the activity / session / event and that all staff / helpers are fully briefed.

NB: it is not sufficient only to put warnings in preliminary information as there is no way of being sure that all participants will have read them.

Hazard – note under these headings (see suggested examples to consider)	Possible outcome / injury including note on severity and likelihood of occurrence	Mitigation <ul style="list-style-type: none"> • What control measure? • Who is responsible?
In area to be used (indoor / outdoor): Outdoors Woodland Uneven surfaces Some slippery surfaces Brushings (recent tree felling) Twigs low branches	Ankle injury – possible Cuts grazes – possible Falls – possible injuries _ cuts grazes	If required, a note will be issued in final details re – brushings etc. BS
Participants Juniors 10 to 18 years Adults all ages	Getting lost Medical conditions should be flagged up to the organiser by participants and/or parents of.	A note indicating that public roads, fields and gardens are out of bounds – the wood has an obvious perimeter. We have a ‘missing runners’ check system on SI. - BS Organisers to be made aware of welfare/medical issues - BS
Other people/activities in area Horse riders – minimal numbers if any Deer confined to the Deer Park Enclosure.	Tramplings - these are unlikely Deer can be aggressive in the rutting season. Injuries are possible but improbable.	No other activities are planned for this area on this day. BS Participants are advised to give way to horse riders if ‘any’. Rutting is not likely to be taking place on 11 th Jan. However, participants need to proceed with caution in the Deer Park Enclosure. BS
Weather Strong winds and rain can be severe Snow and ice a possibility Poor weather – cold and/or wet	Extreme windy conditions may cause falling trees Deep snow - an issue on access to the area and safety Cold weather – (exposure) hyperthermia	The wood gives good protection – Requires event cancellation. BS/D&M Smith Cancel if weather is extremely cold/snowy – BS/D&M Smith Participants advised to wear warm/waterproof clothing – BS Blankets available – trip to A&E

Examples of hazards with the potential to cause harm

NB: this list is not exhaustive; nor will all these be present. It is given as an aid to the person completing the risk assessment.

<p>Area to be used: Indoors</p> <ul style="list-style-type: none"> • Floor surface • Other equipment/obstacles • Shared use (dining room / other activities) 	<p>Area to be used: Outdoors</p> <ul style="list-style-type: none"> • Uneven surfaces • Slopes/steps • Slippery surfaces • Tree roots/branches • Vegetation (prickly, stinging) • Wire / ruined fences • Walls to be climbed • Litter (glass, used needles) • Water (streams, rivers, ponds) • Cliffs / crags • Traffic (including road crossings) • Rail / tram lines • Mineshafts / caves • Military debris 	<p>Equipment:</p> <ul style="list-style-type: none"> • Pencils in hand when running • Pin punches • Cane tops • Tent guys • Electrical equipment – cables • Generators • Cooking equipment
<p>Participants:</p> <ul style="list-style-type: none"> • Clothing / shoes • Existing medical conditions • Unexpected reactions/allergies • Disorientation • Tiredness 	<p>Other people / activities in area:</p> <ul style="list-style-type: none"> • Walking dogs • Cyclists • Horse riders • Forestry operations • Park maintenance • Shooting / archery • Golf • Stranger danger 	<p>Weather:</p> <ul style="list-style-type: none"> • Cold / heat • Rain / snow / hail • Excessive wind • Lightning