

Risk Assessment for Orienteering



Risk assessments are concerned with identifying the hazards (i.e. things which might go wrong or cause an accident/injury), evaluating the likelihood of a particular event occurring (i.e. level of risk) and putting measures in place needed to reduce or eliminate the risk.

Name of Club / satellite club name / after school club		Humberside and Lincolnshire Orienteers	
Name of person completing this form	Neil Harvatt	Position of person completing this form (coach, organiser etc)	Organiser
Venue for session / event / activity	East Park, Hull BOF Reg No 69379	Date for session / event / activity	Saturday 7 th November 2015
Name of person in charge of session / event / activity		Neil Harvatt	
Risk assessment signed		Risk assessment dated	4-Nov-2015
Risk assessment checked by (name, position and date)	Print name & position (coach mentor, controller etc): Neil Harvatt, Coach		
	Sign and date:		

Emergency Information

Emergency access point (for emergency vehicles)	Post code / grid reference: Grid Ref TA 121308	Place from which signed: Holderness Road Entrance
Nearest A&E hospital:	Name and Post code: Hull Royal Infirmary (Anlaby Road) (HU3 2JZ) (01482-875875)	Map available (where): At Registration (Bandstand (Pavilion Café))
Working telephone:	Landline or mobile: If mobile (reception checked?) Signal to be checked prior to event.	Number: 07800-784255 (NH mobile)
First Aid cover	Name of first aider: Mary Carrick/Neil Harvatt	Located where? Registration (Bandstand)

The Risk Assessment (East Park, Holderness road, Hull - Saturday November 7th 2015)

It is essential that the mitigation column is completed in detail so that the control measures and who is responsible is fully understood in advance of the activity / session / event and that all staff / helpers are fully briefed.

NB: it is not sufficient only to put warnings in preliminary information as there is no way of being sure that all participants will have read them.

Hazard – note under these headings (see suggested examples to consider)	Possible outcome / injury including note on severity and likelihood of occurrence	Mitigation <ul style="list-style-type: none"> • What control measure? • Who is responsible?
<p>In area to be used (indoor / outdoor): Outdoors</p> <p style="padding-left: 20px;">Cliffs/Crags</p> <p style="padding-left: 20px;">Slopes</p> <p style="padding-left: 20px;">Water</p> <p style="padding-left: 20px;">Wire / ruined fences</p> <p style="padding-left: 20px;">Uneven surfaces on the course Uneven surfaces Car park, etc</p> <p style="padding-left: 20px;">Undergrowth/tree branches</p> <p style="padding-left: 20px;">Slippery surfaces</p>	<p>Low risk – high severity</p> <p>Low risk – low/medium severity</p> <p>Low/medium risk – low/medium severity</p> <p>Low risk – low/medium severity</p>	<p>There are a number of crags in the “Khyber Pass” area. These are all marked on the map with the appropriate symbols (Responsibility – mapper, NH). Only senior courses will leave the paths in this region. (Resp – planner, NH)</p> <p>No slopes of any significance in the area – some minor ones exist and are marked on the map with standard symbols. (Resp – Mapper NH)</p> <p>There are two lakes in East Park. These are clearly marked on the map. Competitors will be informed of their existence and instructed that swimming or wading across is not permitted. (Responsibility – Organiser NH).</p> <p>All known fences and ruined fences are marked on the map.</p> <p>Competitors aware – all events have uneven surfaces If in car-park, notice posted in final details (Responsibility – Organiser NH)</p> <p>Competitors aware – all events in wooded areas have branches/undergrowth.</p> <p>Warnings to participants about slippery ground.</p>

Traffic	Low risk –medium/high severity	Vehicles allowed on certain roads in East Park for parking. There is no through traffic. The Junior Courses are planned to avoid this section of the access road.
Participants Clothing/shoes/equipment Unexpected reactions/allergies Competitors not returning	Low risk - low severity Low risk - low severity Low risk - high severity	Competitors checked by Starter that they are correctly equipped. First Aid Kit at registration, phone ambulance if required. Register maintained of starters, search procedure implemented if required.
Other people/activities in area Dog walkers Stranger Danger Archery	Low risk - low severity Low risk – high severity Low risk – high severity	Competitors to be made aware. (Organiser – NH) Small area with reasonable visibility. Young inexperienced runners to be shadowed or accompanied. Advise not to talk to strangers unless wearing yellow BOF bib. Archery area is known and will be marked on map as Out of Bounds (OOB). Courses will be planned to avoid this section of East Park (Resp Planner –MB)
Weather Bad weather (wet/cold) Heat	Medium risk - medium severity Low risk - medium severity	Check clothing is appropriate for weather. (Starter) Cancel event if conditions poor. Advise participants to be hydrated. (Organiser) Organiser (NH) to check weather forecast prior to event ()
Equipment Computer equipment at registration Stakes (pointed to go in ground)	Low risk - low/medium severity Low Risk – Low severity	Cabling to be kept tidy, all connections to be secure. Anyone carrying them to be advised to carry point down.

Examples of hazards with the potential to cause harm

NB: this list is not exhaustive; nor will all these be present. It is given as an aid to the person completing the risk assessment.

<p>Area to be used: Indoors</p> <ul style="list-style-type: none"> • Floor surface • Other equipment/obstacles • Shared use (dining room / other activities) 	<p>Area to be used: Outdoors</p> <ul style="list-style-type: none"> • Uneven surfaces • Slopes/steps • Slippery surfaces • Tree roots/branches • Vegetation (prickly, stinging) • Wire / ruined fences • Walls to be climbed • Litter (glass, used needles) • Water (streams, rivers, ponds) • Cliffs / crags • Traffic (including road crossings) • Rail / tram lines • Mineshafts / caves • Military debris 	<p>Equipment:</p> <ul style="list-style-type: none"> • Pencils in hand when running • Pin punches • Cane tops • Tent guys • Electrical equipment – cables • Generators • Cooking equipment
<p>Participants:</p> <ul style="list-style-type: none"> • Clothing / shoes • Existing medical conditions • Unexpected reactions/allergies • Disorientation • Tiredness 	<p>Other people / activities in area:</p> <ul style="list-style-type: none"> • Walking dogs • Cyclists • Horse riders • Forestry operations • Park maintenance • Shooting / archery • Golf • Stranger danger 	<p>Weather:</p> <ul style="list-style-type: none"> • Cold / heat • Rain / snow / hail • Excessive wind • Lightning