

## 16/02/2016 Victoria Dock Village, Hull Urban

### **Risk Assessment for Orienteering**

Risk assessments are concerned with identifying the hazards (i.e. things which might go wrong or cause an accident/injury), evaluating the likelihood of a particular event occurring (i.e. level of risk) and putting measures in place needed to reduce or eliminate the risk.

Name of Club / satellite club name / after school club			Humberside and Lincolnshire Orienteers	
Name of person completing this form		Brian Slater	Position of person completing this form (coach, organiser etc)	Organiser
Venue for session / event / activity		Victoria Dock Village	Date for session / event / activity	Tuesday 16 <sup>th</sup> Feb 2016
Name of person in charge of session / event / activity		Brian Slater		
Risk assessment signed	B Slater		Risk assessment dated	15 <sup>th</sup> Feb 2016
Risk assessment checked by (name, position and date)	Print name & position (coach mentor, controller etc):		Neil Harvatt	
	Sign and d	ate: 15/02/2016		

### **Emergency Information**

Emergency access point (for emergency vehicles)	Post code / grid reference: Goldcrest Pub HU9 1PW _ TA108287	Place from which signed: Great Union St./Garrison Road junction
Nearest A&E hospital:	Name and Post code: Hull Royal Infirmary, Anlaby Road, Hull	Map available (where): Registration Goldcrest Pub
Working telephone:	Landline or mobile: If mobile (reception checked?) Mobile reception available	Number: 07751 481332 (BS mobile)
First Aid cover	Name of first aider Mary Carrick/Brian Slater/Neil Harvatt	Located where? Registration Goldcrest Pub

#### The Risk Assessment

It is essential that the mitigation column is completed in detail so that the control measures and who is responsible is fully understood in advance of the activity / session / event and that all staff / helpers are fully briefed.

NB: it is not sufficient only to put warnings in preliminary information as there is no way of being sure that all participants will have read them.

Hazard – note under these headings (see suggested examples to consider)	Possible outcome / injury including note on severity and likelihood of occurrence	Mitigation  • What control measure?  • Who is responsible?	
In area to be used (indoor / outdoor): Outdoors			
Water	Low risk – medium/high severity	The rivers/docks are clearly marked on the map and can only be crossed at the marked bridges. The sides are fenced. Warning to be given to competitors at the start. (Responsibility – Organiser).	
Wire / ruined fences	Low risk – low/medium severity	All known ruined fences are marked on the map.	
Uneven surfaces on the course Uneven surfaces Car park, etc	Low risk – low/medium severity Low risk – low/medium severity	Competitors aware – all events have uneven surfaces	
Undergrowth/tree branches	Low risk – low/medium severity	Competitors aware – not a significant issue.	
Slippery surfaces	Low risk – low/medium severity	Warnings to participants about slippery ground if required.	
Traffic	Low risk – medium/high severity	All courses will cross roads, competitors to be warned.	
Participants			
Clothing/shoes/equipment	Low risk - low severity	Competitors checked by 'Starter' that they are correctly equipped.  High Vis (compulsory) and spare batteries recommended	
Unexpected reactions/allergies	Low risk - low severity	First Aid Kit at registration, phone ambulance if required.	
Competitors not returning	Low risk - high severity	Register maintained of starters, search procedure implemented if required.	

Other people/activities in area		
Pedestrians/Cyclists/Dog walkers	Low risk - low severity	Competitors to be warned to take care running around corners, etc.
Stranger Danger	Low risk – high severity	All Juniors to be accompanied by adult/s.
Weather		Organiser (BS) to check weather forecast prior to event
Bad weather (wet/cold)	Medium risk - medium severity	Check clothing is appropriate for weather. (Starter) Cancel event if conditions poor.
Heat	Low risk - medium severity	Advise participants to be hydrated. (Organiser) Unlikely for this winter evening event.
Equipment Computer equipment	Low risk - low/medium severity	Cabling inside the building to be kept tidy, all connections to be secure.

# Examples of hazards with the potential to cause harm

NB: this list is not exhaustive; nor will all these be present. It is given as an aid to the person completing the risk assessment.

Area to be used: Indoors	Area to be used: Outdoors	Equipment:
<ul> <li>Floor surface</li> </ul>	<ul> <li>Uneven surfaces</li> </ul>	<ul> <li>Pencils in hand when running</li> </ul>
<ul> <li>Other equipment/obstacles</li> </ul>	<ul> <li>Slopes/steps</li> </ul>	Pin punches
<ul> <li>Shared use (dining room / other</li> </ul>	<ul> <li>Slippery surfaces</li> </ul>	Cane tops
activities)	<ul> <li>Tree roots/branches</li> </ul>	Tent guys
	<ul> <li>Vegetation (prickly, stinging)</li> </ul>	<ul> <li>Electrical equipment – cables</li> </ul>
	Wire / ruined fences	Generators
	<ul> <li>Walls to be climbed</li> </ul>	Cooking equipment
	<ul> <li>Litter (glass, used needles)</li> </ul>	
	<ul> <li>Water (streams, rivers, ponds)</li> </ul>	
	Cliffs / crags	
	<ul> <li>Traffic (including road crossings)</li> </ul>	
	Rail / tram lines	
	<ul> <li>Mineshafts / caves</li> </ul>	
	Military debris	
Participants:	Other people / activities in area:	Weather:
Clothing / shoes	<ul> <li>Walking dogs</li> </ul>	Cold / heat
<ul> <li>Existing medical conditions</li> </ul>	Cyclists	Rain / snow / hail
<ul> <li>Unexpected reactions/allergies</li> </ul>	Horse riders	Excessive wind
<ul> <li>Disorientation</li> </ul>	<ul> <li>Forestry operations</li> </ul>	<ul> <li>Lightning</li> </ul>
<ul> <li>Tiredness</li> </ul>	<ul> <li>Park maintenance</li> </ul>	
	<ul> <li>Shooting / archery</li> </ul>	
	Golf	
	Stranger danger	