

21/03/2017 Broughton

Risk Assessment for Orienteering

Risk assessments are concerned with identifying the hazards (i.e. things which might go wrong or cause an accident/injury), evaluating the likelihood of a particular event occurring (i.e. level of risk) and putting measures in place needed to reduce or eliminate the risk.

Name of Club / satellite club name / after school club			Humberside and Lincolnshire Orienteers	
Name of person completing this form		Neil Harvatt	Position of person completing this form (coach, organiser etc)	Organiser
Venue for session / event / activity		Broughton - Village	Date for session / event / activity	Tuesday 21 st March 2017
Name of person in charge of session / event / activity		Neil Harvatt		
Risk assessment signed	NH		Risk assessment dated	16/03/2017
Risk assessment checked by (name, position and date)	ked by (name, & position (coach mentor, controller etc):		Controller Brian Slater	
	Sign and d	ate: 21/03/2017		

Emergency Information : Dial 999

Emergency access point (for emergency vehicles)	Post code / grid reference: The Red Lion, Broughton	Place from which signed: None
Nearest A&E hospital:	Name and Post code: Cliff Gardens, Scunthorpe, DN15 7BH Phone: 01724 282282	Map available (where): With organiser at Registration 'The Red Lion'
Working telephone:	Landline or mobile: If mobile (reception checked?) Mobile reception available	Number: 07751 481332 (B Slater mobile) 07834 740176 (P Harris mobile)
First Aid cover	Name of first aider: Neil Harvatt/Brian Slater	Located where? Registration

The Risk Assessment

It is essential that the mitigation column is completed in detail so that the control measures and who is responsible is fully understood in advance of the activity / session / event and that all staff / helpers are fully briefed.

NB: it is not sufficient only to put warnings in preliminary information as there is no way of being sure that all participants will have read them.

Hazard – note under these headings (see suggested examples to consider)	Possible outcome / injury including note on severity and likelihood of occurrence	MitigationWhat control measure?Who is responsible?	
In area to be used (indoor / outdoor): Outdoors			
Traffic	Low risk – medium/high severity	All courses will cross roads, competitors to be warned. All known ruined fences are marked on the map.	
Wire / ruined fences	Low risk – low/medium severity	Competitors aware – all events have uneven surfaces	
Uneven surfaces on the course	Low risk – low/medium severity	Competitors aware – not a significant issue.	
Undergrowth/tree branches	Low risk – low/medium severity	Competitors to be made aware	
Water/River	Low risk – low/medium severity	Warnings to participants about slippery ground if required.	
Slippery surfaces	Low risk – low/medium severity		
Participants			
Clothing/shoes/equipment	Low risk - low severity	Competitors checked by Starter that they are correctly equipped. (Advised to wear reflective clothing and take head torches if darkness is looming)	
Unexpected reactions/allergies	Low risk - low severity	First Aid Kit at registration, phone ambulance if required.	
Competitors not returning	Low risk - high severity	Register maintained of starters, search procedure implemented if required.	

Other people/activities in area		
Pedestrians/dog walkers/cyclists, etc	Low risk - low severity	Competitors to be warned to take care running round corners, etc. To be advised to look up frequently to avoid traffic and other collisions.
Stranger Danger	Low risk – high severity	Competitors should give way to other users of footpaths and covered walkways etc. Random Checks & 'following' when U16's competing.
Weather		
If Darkness is looming	Low risk - low severity	Competitors are advised to have head torches, spare batteries and Hi-Vis garment.
Bad weather (wet/cold)	Medium risk - medium severity	Check clothing is appropriate for weather. (Starter) Cancel event if conditions poor.
Heat	Low risk - medium severity	Advise participants to be hydrated. (Organiser)
		Organiser (NH) to check weather forecast prior to event
Equipment Computer equipment	Low risk - low/medium severity	Cabling to be kept tidy, all connections to be secure.

Examples of hazards with the potential to cause harm

NB: this list is not exhaustive; nor will all these be present. It is given as an aid to the person completing the risk assessment.

Area to be used: Indoors	Area to be used: Outdoors	Equipment:
 Floor surface 	 Uneven surfaces 	 Pencils in hand when running
 Other equipment/obstacles 	 Slopes/steps 	Pin punches
 Shared use (dining room / other 	 Slippery surfaces 	Cane tops
activities)	 Tree roots/branches 	Tent guys
	 Vegetation (prickly, stinging) 	 Electrical equipment – cables
	Wire / ruined fences	Generators
	 Walls to be climbed 	Cooking equipment
	 Litter (glass, used needles) 	
	 Water (streams, rivers, ponds) 	
	Cliffs / crags	
	 Traffic (including road crossings) 	
	Rail / tram lines	
	 Mineshafts / caves 	
	Military debris	
Participants:	Other people / activities in area:	Weather:
Clothing / shoes	 Walking dogs 	Cold / heat
 Existing medical conditions 	Cyclists	Rain / snow / hail
 Unexpected reactions/allergies 	Horse riders	Excessive wind
 Disorientation 	 Forestry operations 	 Lightning
 Tiredness 	 Park maintenance 	
	 Shooting / archery 	
	Golf	
	Stranger danger	