

## Risk Assessment for Orienteering

Risk assessments are concerned with identifying the hazards (i.e. things which might go wrong or cause an accident/injury), evaluating the likelihood of a particular event occurring (i.e. level of risk) and putting measures in place needed to reduce or eliminate the risk.



<b>Name of Club / satellite club name / after school club</b>		Humberside and Lincolnshire Orienteers	
<b>Name of person completing this form</b>	Neil Harvatt	<b>Position of person completing this form (coach, organiser etc)</b>	Organiser
<b>Venue for session / event / activity</b>	Beverley Westwood	<b>Date for session / event / activity</b>	Sunday December 10 <sup>th</sup> 2017
<b>Name of person in charge of session / event / activity</b>		Paul Simmons	
<b>Risk assessment signed</b>		<b>Risk assessment dated</b>	8-Dec-2017
<b>Risk assessment checked by (name, position and date)</b>	<b>Print name &amp; position (coach mentor, controller etc):</b> P Harris (Controller)		
	<b>Sign and date:</b>		

### Emergency Information

<b>Emergency access point (for emergency vehicles)</b>	<b>Post code / grid reference:</b> Grid Ref TA 017396	<b>Place from which signed:</b> Beverley Racecourse Grandstand
<b>Nearest A&amp;E hospital:</b>	<b>Name and Post code:</b> Hull Royal Infirmary (Anlaby Road) (HU3 2JZ) (01482-875875)	<b>Map available (where):</b> Registration area (Annual Badgeholders Building)
<b>Working telephone:</b>	<b>Landline or mobile:</b> <b>If mobile (reception checked?)</b> Planner's mobile has reception on the site	<b>Number:</b> <b>07800-784255</b> (NH mobile)
<b>First Aid cover</b>	<b>Name of first aider:</b> Neil Harvatt/Brian Slater/Mary Carrick/Alex Gymer/Mary Vickers	<b>Located where?</b> In Registration Area

**The Risk Assessment** (Beverley Westwood, Sunday December 10th 2017)

**It is essential that the mitigation column is completed in detail so that the control measures and who is responsible is fully understood in advance of the activity / session / event and that all staff / helpers are fully briefed.**

**NB: it is not sufficient only to put warnings in preliminary information as there is no way of being sure that all participants will have read them.**

Hazard – note under these headings (see suggested examples to consider)	Possible outcome / injury including note on severity and likelihood of occurrence	Mitigation <ul style="list-style-type: none"> <li>• What control measure?</li> <li>• Who is responsible?</li> </ul>
<p><b>In area to be used (indoor / outdoor):</b> Outdoors</p> <p style="padding-left: 40px;">Slopes</p> <p style="padding-left: 40px;">Water</p> <p style="padding-left: 40px;">Wire / ruined fences</p> <p style="padding-left: 40px;">Uneven surfaces on the course</p> <p style="padding-left: 40px;">Undergrowth/tree branches</p> <p style="padding-left: 40px;">Slippery surfaces</p> <p style="padding-left: 40px;">Traffic</p>	<p>Medium risk – low/medium severity</p> <p>Low risk – low severity</p> <p>Low risk – low/medium severity</p> <p>Low risk – low/medium severity</p> <p>Low risk – low/medium severity</p> <p>Low risk – low/medium severity</p> <p>Low risk – high severity</p>	<p>Competitors aware of position of slopes - they are marked on the map with standard symbols. (Resp – Mapper NH) Only the longer course will run on the slopes, competitors not allowed to start this course unless wearing appropriate footwear.</p> <p>One flooded area to the North East of map, courses that cross this area use a permanent bridge.</p> <p>All known ruined fences are marked on the map.</p> <p>Competitors aware – all events have uneven surfaces</p> <p>Competitors aware – all events in wooded areas have branches/undergrowth.</p> <p>Warnings to participants about slippery ground, especially in snowy conditions</p> <p>All competitors cross main road (busy due to Xmas Market traffic) to get to the Starts – this crossing will be marshalled. Orange and Light Green courses cross a road during the course, this will also be marshalled and with a timed out crossing. Green and Blue courses have unmarshalled crossings, U-16's will not be allowed on these courses. White and Yellow Courses do not cross roads. All roads will have 'Caution Runners' signs in place.</p>

<p><b>Participants</b>  Clothing/shoes/equipment  Unexpected reactions/allergies    Competitors not returning</p>	<p>Low risk - low severity  Low risk - low severity    Low risk - high severity</p>	<p>Competitors checked by Starter that they are correctly equipped.  First Aid Kit at registration, phone ambulance if required.    Register maintained of starters, search procedure implemented if required.</p>
<p><b>Other people/activities in area</b>    Dog walkers    Golfers    Sledgers    Stranger Danger</p>	<p>Low risk - low severity    Low risk – high severity    Low risk – medium severity    Low risk – high severity</p>	<p>Competitors to be made aware.    Position of fairways marked on map, competitors made aware    Green and Blue courses cross popular sledging areas, competitors to be warned to look out for sledgers.    Young inexperienced runners to be shadowed or accompanied.  Advise not to talk to strangers unless wearing yellow BOF bib.</p>
<p><b>Weather</b>  Bad weather (wet/cold)</p>	<p>Medium risk - medium severity</p>	<p>Check clothing is appropriate for weather. (Starter)  Whistles to be compulsory.  Cagoules may be compulsory if weather conditions dictate.  Cancel event if conditions poor.    Organiser (NH) to check weather forecast prior to event  (As at 8 Dec, expected weather – very cold, snow expected in the morning)</p>
<p><b>Equipment</b>  Computer equipment t  Stakes (pointed to go in ground)</p>	<p>Low risk - low/medium severity  Low Risk – Low severity</p>	<p>Cabling to be kept tidy, all connections to be secure.  Anyone carrying them to be advised to carry point down.</p>

## Examples of hazards with the potential to cause harm

**NB: this list is not exhaustive; nor will all these be present. It is given as an aid to the person completing the risk assessment.**

<p><b>Area to be used: Indoors</b></p> <ul style="list-style-type: none"> <li>• Floor surface</li> <li>• Other equipment/obstacles</li> <li>• Shared use (dining room / other activities)</li> </ul>	<p><b>Area to be used: Outdoors</b></p> <ul style="list-style-type: none"> <li>• Uneven surfaces</li> <li>• Slopes/steps</li> <li>• Slippery surfaces</li> <li>• Tree roots/branches</li> <li>• Vegetation (prickly, stinging)</li> <li>• Wire / ruined fences</li> <li>• Walls to be climbed</li> <li>• Litter (glass, used needles)</li> <li>• Water (streams, rivers, ponds)</li> <li>• Cliffs / crags</li> <li>• Traffic (including road crossings)</li> <li>• Rail / tram lines</li> <li>• Mineshafts / caves</li> <li>• Military debris</li> </ul>	<p><b>Equipment:</b></p> <ul style="list-style-type: none"> <li>• Pencils in hand when running</li> <li>• Pin punches</li> <li>• Cane tops</li> <li>• Tent guys</li> <li>• Electrical equipment – cables</li> <li>• Generators</li> <li>• Cooking equipment</li> </ul>
<p><b>Participants:</b></p> <ul style="list-style-type: none"> <li>• Clothing / shoes</li> <li>• Existing medical conditions</li> <li>• Unexpected reactions/allergies</li> <li>• Disorientation</li> <li>• Tiredness</li> </ul>	<p><b>Other people / activities in area:</b></p> <ul style="list-style-type: none"> <li>• Walking dogs</li> <li>• Cyclists</li> <li>• Horse riders</li> <li>• Forestry operations</li> <li>• Park maintenance</li> <li>• Shooting / archery</li> <li>• Golf</li> <li>• Stranger danger</li> </ul>	<p><b>Weather:</b></p> <ul style="list-style-type: none"> <li>• Cold / heat</li> <li>• Rain / snow / hail</li> <li>• Excessive wind</li> <li>• Lightning</li> </ul>