


Risk Assessment for Orienteering

Risk assessments are concerned with identifying the hazards (i.e. things which might go wrong or cause an accident/injury), evaluating the likelihood of a particular event occurring (i.e. level of risk) and putting measures in place needed to reduce or eliminate the risk.

Name of Club / satellite club name / after school club		Humberside and Lincolnshire Orienteers	
Name of person completing this form	Isoldt Harris	Position of person completing this form (coach, organiser etc)	Organiser
Venue for session / event / activity	Mausoleum Woods	Date for session / event / activity	Wednesday 19 th April 2017
Name of person in charge of session / event / activity		Isoldt Harris	
Risk assessment signed		Risk assessment dated	18 th April 2017
Risk assessment checked by (name, position and date)	Print name & position (controller etc): Peter Harris		
	Sign and date: 30.4.18		

Emergency Information

Emergency access point (for emergency vehicles)	Post code / grid reference: Grid Ref TA134085	Place from which signed: A18 - Great Limber
Nearest A&E hospital:	Name and Post code: Scunthorpe DN157BH (Cliff Gardens) 01724-282282 Grimsby DN33 2BA (Scartho Road) 01472-874111	Map available (where): Registration (IH's file)
Working telephone:	Landline or mobile: If mobile (reception checked?) Signal checked prior to event.	Number: 07484-639477 (PH mobile) 079200 40679 (IH mobile)
First Aid cover	Name of first aider: Neil Harvatt/ Mary Carrick /Brian Slater/Jackie Edwards/PH	Located where? At Registration

The Risk Assessment (Mausoleum Woods 30^h April 2018)

It is essential that the mitigation column is completed in detail so that the control measures and who is responsible is fully understood in advance of the activity / session / event and that all staff / helpers are fully briefed.

NB: it is not sufficient only to put warnings in preliminary information as there is no way of being sure that all participants will have read them.

Hazard – note under these headings (see suggested examples to consider)	Possible outcome / injury including note on severity and likelihood of occurrence	Mitigation <ul style="list-style-type: none"> • What control measure? • Who is responsible?
<p>In area to be used (indoor / outdoor): Outdoors Slopes) Ponds) Fences) Brambles & nettles in woods Uneven surfaces on the course Uneven surfaces Car park, etc Undergrowth/tree branches Slippery surfaces Traffic adjacent to site – competitors to cross A18</p>	<p>Low risk – low/medium severity Low risk – low/medium severity Low risk – low/medium severity Low/medium risk – low severity Low risk – low/medium severity Low/Medium risk - High severity</p>	<p>Competitors aware of position of Slopes, Ponds, Fences, etc. They are marked on Map with standard symbols. (Responsibility – Mapper BS) Competitors informed at Start, full leg cover advised, Low growth at the moment. Courses planned to avoid the worst of these (Responsibility – Planner IH) Competitors aware – all events have uneven surfaces If in car-park, notice posted in final details (Responsibility – Organiser PH) Competitors aware – standard for Orienteering Events Competitors aware – standard for Orienteering Events Traffic on A18 – notices posted warning of runners crossing road to access the event from parking areas, warnings given in final instructions informing competitors of risk told to stick to pavements (Resp – Planner/Organiser PH/IH)</p>

<p>Participants Clothing/shoes/equipment Unexpected reactions/allergies Competitors not returning</p>	<p>Low risk - low severity Low risk - low severity Low risk - high severity</p>	<p>Competitors checked by Starter that they are correctly equipped. First Aid Kit at registration, phone ambulance if required. Register maintained of starters, search procedure implemented if required.</p>
<p>Other people/activities in area Only a few public expected in area , low level dog walking</p>	<p>Low risk – medium severity</p>	<p>Few walkers.</p>
<p>Weather Bad weather (wet/cold)</p>	<p>Low risk - medium severity Low risk - medium severity</p>	<p>Check clothing is appropriate for weather. (Starter) Advise participants to be hydrated. (Organiser) Organiser (PH) to check weather forecast prior to event</p>
<p>Equipment Computer equipment</p>	<p>Low risk - low/medium severity</p>	<p>Cabling to be kept tidy, all connections to be secure. Equipment under cover</p>

Examples of hazards with the potential to cause harm

NB: this list is not exhaustive; nor will all these be present. It is given as an aid to the person completing the risk assessment.

<p>Area to be used: Indoors</p> <ul style="list-style-type: none"> • Floor surface • Other equipment/obstacles • Shared use (dining room / other activities) 	<p>Area to be used: Outdoors</p> <ul style="list-style-type: none"> • Uneven surfaces • Slopes/steps • Slippery surfaces • Tree roots/branches • Vegetation (prickly, stinging) • Wire / ruined fences • Walls to be climbed • Litter (glass, used needles) • Water (streams, rivers, ponds) • Cliffs / crags • Traffic (including road crossings) • Rail / tram lines • Mineshafts / caves • Military debris 	<p>Equipment:</p> <ul style="list-style-type: none"> • Pencils in hand when running • Pin punches • Cane tops • Tent guys • Electrical equipment – cables • Generators • Cooking equipment
<p>Participants:</p> <ul style="list-style-type: none"> • Clothing / shoes • Existing medical conditions • Unexpected reactions/allergies • Disorientation • Tiredness 	<p>Other people / activities in area:</p> <ul style="list-style-type: none"> • Walking dogs • Cyclists • Horse riders • Forestry operations • Park maintenance • Shooting / archery • Golf • Stranger danger 	<p>Weather:</p> <ul style="list-style-type: none"> • Cold / heat • Rain / snow / hail • Excessive wind • Lightning