

Gainsborough Urban 2018

Saturday 20th October 2018

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| Parking | <p>Car Park 1 - http://streetmap.co.uk/map.srf?X=482734&Y=388928&A=Y&Z=106 Tarmac area on Victoria Close, Park Springs Road. Postcode DN21 1PJ - 300m from assembly. No fee.</p> <p>Car Park 2 - http://streetmap.co.uk/map.srf?X=482897&Y=388907&A=Y&Z=106 (this extra parking may not be needed) at: - St George's Primary C of E Community School, Lindsey Close, Gainsborough, Lincolnshire DN21 1YN - 500 meters from assembly. No fee.</p> |
| Assembly | <p>Gainsborough Uphill Community Centre http://streetmap.co.uk/map.srf?X=482568&Y=389030&A=Y&Z=110 Riseholme Road, Gainsborough, Lincolnshire DN21 1NJ. There are toilets available in the Centre. There is a convenience shop attached to The Community Centre.</p> |
| Registration | 10 to 12 noon. Check your battery here if you are using a SIAC card/dibber. |
| Starts | 10.30 to 12.30 Near to assembly – follow the marked route from assembly. There is no need to visit registration if you are pre-entered, but please feel welcome to do so. |
| Download | All competitors must download whether or not they complete their course. |
| Entries | <p>Online entries via Fabian4 will be available from 28th September until 14th October. Adult fees £8; Family of 4 or more £20; Junior/student £4. Entry fees after 14th October by email or 'phone and EOD will be £10.00/£25/£5.00. EOD subject to map availability. Helpers discount code from BS. SI Card hire is (£1); Pre-hired cards to be collected from Registration. SIAC hire must be ordered in advance at £2. Postal entries by 14th Oct. for cheaper rate - to B Slater, 32 Scrivelsby Court, Cleethorpes, DN35 0HJ. Cheques payable to HALO. Control boxes will be programmed as Beacon Controls i.e. Contactless but not 'START' nor 'FINISH'.</p> |
| Courses | Points scored will be attributed to YHOA Urban League & HALO League Lengths approximate |
| A | Open Men (M18-M35) 9 km |
| B | Open Women (W18-W35); Veteran Men (M40+) 7km |
| C | Veteran Women (W40+); Super Veteran Men (M55+) 6km |
| D | Super Veteran Women (W55+); Ultra Veteran Men (M65+) 5km |
| E | Ultra Veteran Women (W65+); Hyper Vet (M/W 75+) 3.5km |
| F | Junior Men (M16-); Junior Women (W16-) 3.5km |
| G | Young Junior Men (M12-); Young Junior Women (W12-) 2.0km |
| Terrain | The part of Gainsborough that we are using has four 2.5m contours so there will be minimal climb of any significance even on the longer courses. The area is very varied with many footpaths between housing, lots of open grassy areas, two underpasses and a road across the A631. Roads are usually quite busy but only with local traffic which is legally limited to max of 30mph. |
| Map | The new area map is produced by Paul Taylor (CLOK) and surveyed on foot by HALO members. Maps for all courses will be printed at 1-5000 on A3 waterproof paper by 'BML PRINT'. Control descriptions will be available in the start lanes. |
| Officials | Planner: David Jolly Controller: Pete Harris Organiser: Brian Slater - bslaterclee@yahoo.com |



We hope you will support this event in our new area - we look forward to seeing you.

