

Risk Assessment for Orienteering

Risk assessments are concerned with identifying the hazards (i.e. things which might go wrong or cause an accident/injury), evaluating the likelihood of a particular event occurring (i.e. level of risk) and putting measures in place needed to reduce or eliminate the risk.



Name of Club / satellite club name / after school club		HALO	
Name of person completing this form	<u>Brian Slater</u>	Position of person completing this form (coach, organiser etc)	<u>Organiser</u>
Venue for session / event / activity	<u>Mausoleum & Cottagers Dale Woods, Great Limber, Lincs</u>	Date for session / event / activity	<u>Sunday 28/4/2019</u>
Name of person in charge of session / event / activity		<u>Brian Slater</u>	
Risk assessment signed	<u>BS</u>	Risk assessment dated	<u>26/4/2019</u>
Risk assessment checked by (name, position and date)	Print name & position (coach mentor, controller etc):	<u>Wayne Byrne, Controller</u>	
	Sign and date: <u>WByrne</u>	<u>27/4/2019</u>	

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Emergency Information

Emergency access point (for emergency vehicles)	Post code / grid reference: <u>N53:34:26 (53.573878)</u> <u>W0:16:40 (-0.277845)</u> <u>Land Ranger TA141099</u>	Place from which signed: <u>A18 crossroads 800m East of Great Limber Village</u>
Nearest A&E hospital:	Name and Post code: <u>Diana Princess of Wales 01472 874111</u> <u>Or 101 - 999</u> <u>DN33 0AZ</u>	Map available (where): <u>B Slater has one - OS 1:50000</u>
Working telephone:	Landline or mobile: If mobile (reception checked?) <u>YES</u> <u>01302 701134 Village Public 'phone</u>	Number: <u>07751 481332 BS (02) – signal good</u> <u>07800784255 Neil Harvatt (Orange) – signal good</u> <u>Village public 'phone (to be inserted before 4th Dec.)</u>
First Aid cover	Name of first aider: <u>Brian Slater/Ken Hutson/Mary Carrick</u>	Located where? <u>At Assembly - registration</u>

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The Risk Assessment

It is essential that the mitigation column is completed in detail so that the control measures and who is responsible is fully understood in advance of the activity / session / event and that all staff / helpers are fully briefed.

NB: it is not sufficient only to put warnings in preliminary information as there is no way of being sure that all participants will have read them.

Hazard – note under these headings (see suggested examples to consider)	Possible outcome / injury including note on severity and likelihood of occurrence	Mitigation <ul style="list-style-type: none"> What control measure? Who is responsible?
In area to be used (indoor / outdoor): Busy 60_mph road Busy 430mph road <u>Busy 40 mph road</u> Woodland Uneven surfaces Some slippery surfaces Ponds – Log Piles in Cottager Dale Wood Stranger danger/dog walkers/general public in area. Brashings (recent tree felling) Twigs low branches, fallen trees Marshes, rabbit hole, Animals Dogs often running free Dehydration	Road accident – unlikely Ankle injury – possible Cuts grazes – possible Falls – possible injuries _ cuts grazes Unlikely to cause injury These are safe if untouched injury unlikely. unlikely any issues owing to number of orienteers in the wood no recent felling on going issue to be aware of no deep dangerous ones deer that run away, dogs can be an issue,	A marshal will supervise this road crossing. The marshal will position himself to see traffic approaching from both directions and will instruct participants accordingly. A marshal will assist at the marked road crossing for those on their way to and from start and/or finish A diagram of village to be issued to participants showing the above routes. Warning at start Warning at start Ponds marked on the map. Still water & shallow. To be avoided - warning. Public have to keep to main path A note will be issued at start re – brashings etc. BS Warning at start Warning at start Warning at start Not an issue in these woods Participants advised to be cautious, however, owners here are very responsible Mitigated by drinks station at Blue/Brown road crossing.
Participants Juniors 10 to 18 years	Getting lost	

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Adults all ages	Medical conditions should be flagged up to the organiser by the Team Managers	A note indicating that public roads, fields and gardens are out of bounds – the wood has an obvious perimeter. We have a ‘missing runners’ check system on SI. - BS Organisers to be made aware of welfare/medical issues - BS
Other people/activities in area Horse riders – minimal numbers if any	Injury - unlikely	▲ No other activities are planned for this area on this day. BS Final details will warn participants to avoid horse riders if ‘any’. BS
Weather Strong winds and rain can be severe Snow and ice a possibility Poor weather – cold and/or wet	Extreme windy conditions may cause falling trees Deep snow - an issue on access and safety Cold weather – (exposure) hyperthermia	▲ The wood gives good protection – Requires event cancellation. BS/wbCA Cancel if weather is extremely cold/snowy/windy – BS/wbCA Participants to wear weatherproof clothing if poor weather BBC weather forecast is good) – Friday 26th April
Equipment Tents Mains wires in Village Hall Stakes barrier tape	Guy ropes Trips Trips	To be avoided Placed out of reach of volunteers and participants All placed at a visible height easily avoided.

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Examples of hazards with the potential to cause harm

NB: this list is not exhaustive; nor will all these be present. It is given as an aid to the person completing the risk assessment.

<p>Area to be used: Indoors</p> <ul style="list-style-type: none"> • Floor surface • Other equipment/obstacles • Shared use (dining room / other activities) 	<p>Area to be used: Outdoors</p> <ul style="list-style-type: none"> • Uneven surfaces • Slopes/steps • Slippery surfaces • Tree roots/branches • Vegetation (prickly, stinging) • Wire / ruined fences • Walls to be climbed • Litter (glass, used needles) • Water (streams, rivers, ponds) • Cliffs / crags • Traffic (including road crossings) • Rail / tram lines • Mineshafts / caves • Military debris 	<p>Equipment:</p> <ul style="list-style-type: none"> • Pencils in hand when running • Pin punches • Cane tops • Tent guys • Electrical equipment – cables • Generators • Cooking equipment
<p>Participants:</p> <ul style="list-style-type: none"> • Clothing / shoes • Existing medical conditions • Unexpected reactions/allergies • Disorientation • Tiredness 	<p>Other people / activities in area:</p> <ul style="list-style-type: none"> • Walking dogs • Cyclists • Horse riders • Forestry operations • Park maintenance • Shooting / archery • Golf • Stranger danger 	<p>Weather:</p> <ul style="list-style-type: none"> • Cold / heat • Rain / snow / hail • Excessive wind • Lightning