

Risk Assessment for Orienteering



Risk assessments are concerned with identifying the hazards (i.e. things which might go wrong or cause an accident/injury), evaluating the likelihood of a particular event occurring (i.e. level of risk) and putting measures in place needed to reduce or eliminate the risk.

Name of Club / satellite club name / after school club		HALO - Humberside & Lincolnshire Orienteers	
Name of person completing this form	Helena Crutchley	Position of person completing this form (coach, organiser etc)	Organiser
Venue for session / event / activity	Gainsborough - based at Gainsborough Uphill Community Centre, Riseholme Road	Date for session / event / activity	22/06/2019
Name of person in charge of session / event / activity		Helena Crutchley	
Risk assessment signed		Risk assessment dated	14/06/2019
Risk assessment checked by (name, position and date)	Print name & position (coach mentor, controller etc):	Brian Slater – Sprint Event Controller Paul Murgatroyd – Middle Distance Urban Controller	
	Signed TBA		

Emergency Information :

Emergency access point (for emergency vehicles)	Post code / grid reference: Gainsborough Uphill Community Centre Riseholme Road, Gainsborough, Lincolnshire DN21 1NJ.	Place from which signed: Not signed
Nearest A&E hospital:	minor injuries unit at: John Coupland Hospital, Ropery Road, Gainsborough, Lincolnshire, DN21 2TJ A&E at: Scunthorpe General Hospital, Cliff Gardens, Scunthorpe, North Lincolnshire DN15 7BH Lincoln County Hospital Greetwell Road, Lincoln, Lincolnshire, LN2 5QY	Map available (where): With organiser at Registration
Working telephone:	Landline or mobile:	Number:

	If mobile (reception checked?) Mobile reception available	077918 76571 (Organisers mobile)
First Aid cover	Name of first aider: any one of: - Brian Slater/Mary Carrick/Ken Hutson	Located where? Registration (includes defibrillator)

The Risk Assessment

It is essential that the mitigation column is completed in detail so that the control measures and who is responsible is fully understood in advance of the activity / session / event and that all staff / helpers are fully briefed.

NB: it is not sufficient only to put warnings in preliminary information as there is no way of being sure that all participants will have read them.

Hazard – note under these headings (see suggested examples to consider)	Possible outcome / injury including note on severity and likelihood of occurrence	Mitigation • What control measure? Who is responsible?
In area to be used (indoor / outdoor): Outdoors		
Traffic	Medium risk – medium/high severity	All courses will cross predominantly minor roads, competitors to be warned. Highway Code to be followed. Under 16's courses planned on paths, traffic calmed areas and open areas. One manned crossing for Juniors on urban event.
Wire / ruined fences	Low risk – low/medium severity	All known ruined fences are marked on the map.
Uneven surfaces on the course	Low risk – low/medium severity	Competitors aware – all events have uneven surfaces
Undergrowth/tree branches	Low risk – low/medium severity	Competitors aware – not a significant issue.
Water/River	Low risk – low/medium severity	Competitors to be made aware, bridges mapped. River only on edge of area
Slippery surfaces/possibly dew	Low risk – low/medium severity	Warnings to participants about slippery ground if required.
Some debris and glass in some areas and passageways	Low risk – low/medium severity	Participants warned at the start
Railway	Low risk – high severity	Marked as OOB including station. Competitors to use mapped underpasses.
A631 out of bounds.	Low risk – medium/high severity	Marked as OOB on the map. Competitors to use mapped bridges and underpasses.
Low Underpasses	Low risk – medium severity	Competitors warned in final details
	Low risk – medium severity	

Construction areas		Area checked and mapped Out of Bounds.
Participants		
Clothing/shoes/equipment	Low risk - low severity	Competitors checked by Starter that they are correctly equipped.
Unexpected reactions/allergies	Low risk – all ranges severity	First Aid Kit at registration, phone ambulance if required.
Competitors not returning	Low risk - high severity	Register maintained of starters, search procedure implemented if required.
Other people/activities in area		
Pedestrians/dog walkers/cyclists, etc Human collisions exiting/entering narrow passages	Low risk - low severity	Competitors to be warned to take care running round corners, etc. Competitors should give way to other users of footpaths.
Stranger Danger	Low risk – high severity	Random Checks & ‘following’ when U16’s competing.
Marshall/Officials	Low risk – low severity	Briefed and Wear Hi Vis Tabards plus all Officials have been on an Event Safety Workshop
Weather		
Bad weather (wet/cold)	Low risk - low severity	
Heat	Medium risk - medium severity	Advise participants to be hydrated. (Organiser) Organiser (HC) to check weather forecast prior to event Forecast at 17/6 is warm and dry
Equipment		
Computer equipment	Low risk - low/medium severity	Cabling to be kept tidy, all connections to be secure.

Examples of hazards with the potential to cause harm

NB: this list is not exhaustive; nor will all these be present. It is given as an aid to the person completing the risk assessment.

<p>Area to be used: Indoors Floor surface Other equipment/obstacles Shared use (dining room / other activities)</p>	<p>Area to be used: Outdoors Uneven surfaces Slopes/steps Slippery surfaces Tree roots/branches Vegetation (prickly, stinging) Wire / ruined fences Walls to be climbed Litter (glass, used needles) Water (streams, rivers, ponds) Cliffs / crags Traffic (including road crossings) Rail / tram lines Mineshafts / caves Military debris</p>	<p>Equipment: Pencils in hand when running Pin punches Cane tops Tent guys Electrical equipment – cables Generators Cooking equipment</p>
<p>Participants: Clothing / shoes Existing medical conditions Unexpected reactions/allergies Disorientation Tiredness</p>	<p>Other people / activities in area: Walking dogs Cyclists Horse riders Forestry operations Park maintenance Shooting / archery Golf Stranger danger</p>	<p>Weather: Cold / heat Rain / snow / hail Excessive wind Lightning</p>