

# Westwood orienteering event

NEWCOMERS to the sport of Orienteering have an opportunity to try out their skills on Saturday October 15 on Beverley Westwood.

The event, organised by the Humberside and Lincolnshire Orienteering Club (HALO), will have a range of courses to suit all abilities, ranging from the novice to the more experienced navigator.

The fee is £2 for adults, £1

for juniors and £5 for family groups, participants can take part on as many courses as they wish. Coaching will be available from British Orienteering qualified coaches. Participants will be welcome to attempt more than one course and should turn up between 1pm and 3pm. The registration area will be on Westwood Road to the south of Newbegin Pits.

Further information can be obtained by visiting the HALO web-site ([www.halo-orienteering.org.uk](http://www.halo-orienteering.org.uk)) or by emailing [neil@halo-orienteering.org.uk](mailto:neil@halo-orienteering.org.uk)

Orienteering is an outdoor adventure sport, the aim of which is to navigate in sequence between control points marked on a unique orienteering map and decide the best route to complete the course in the quickest time. It does not

matter how young, old or fit you are, as you can run, walk or jog the course and progress at your own pace.

HALO also runs a weekly orienteering club night at Beverley Longcroft School on Mondays during term-times from 6.30pm to 8pm. Families and individuals are welcome at all these events, further information from [neil@halo-orienteering.org.uk](mailto:neil@halo-orienteering.org.uk).

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