

The Newsletter of Humberside & Lincolnshire Orienteers

www.halo-orienteering.org.uk

September 2009



AGM 1st Nov see p 17

British Orienteering Volunteer award presented to Dorothy Smith at the HALO BBQ

Compass Sport Trophy Final 18th October - see P 22

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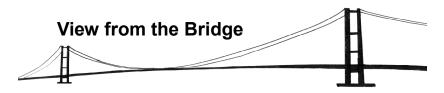
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Chairman, Secretary & Treasurer were elected at the AGM. The designated posts above were agreed at the Committee meeting on 23rd October 2008. Ken Hutson being co-opted onto the Committee as Immediate Past Chairman.



What's wrong with orienteering these days? I thought this was meant to be an outdoor sport. Something to challenge you mentally and physically but at the same time something for you to enjoy for your own health and well-being.

So why are we spending all this time at computers? Computers! I hate them. Wasn't like that in my day.

"The computer says no". Well who said to ask the computer in the first place? A labour saving device some claim. Ha - ask anyone who sorts out the Sportldent for an event what they think of computers as a labour saving device and you wouldn't be able to publish their answer in this magazine!

But we can now draw our maps ourselves using OCAD they say. Great - but does that save us some work? Does it mean it costs less to make a map? Doesn't look like it from where I'm standing. I'd expect orienteering to be cheaper now, but it's not! £20 to run at the British Champs! £20!

What's wrong with orienteering these days? Wasn't like that in my day.

I was reading an ad the other day from the Welsh Fell Running Association. £I.50 to enter the event. A fell-run is a bit like an orienteering race but you don't need a map. They still get their run. They still get their results. They still get somewhere to park. They even help you out if you fall over and break a leg. So why do our events cost often 5 times as much - must be the map! And has the quality of our maps improved. Well we do have international standards but what of the print quality? I keep all my old maps in a box in the shed. Compare the old litho print maps with these new fangled computer produced laser scorched things - just no comparison; computers are just sending us downhill all the way"

(Oh! and just in case you're wondering, no I'm not recommending you take up fell-running. That's a sport for people who like to bang their head against a brick wall in order to cure a headache.)

And what about all this Willy Wombat's Wonderful World Wasting Witchcraft stuff? All we want is to know when and where the next event is and then see the results from our last event. Is that so difficult? | don't need to be hyper-linked through the eWorld or the iNet or run a course as an avatar in my Second Life. I can't be bothered with uploading and downloading, and

(Continued on page 4)

(Continued from page 3)

http404 page cannot be found and all the rest of the gobbledegook. I just want to see my results from last week. Just bring a few printed copies along to the event the next week: it's easy really! If you really want to go hi-tech you could even get people to give you a stamped addressed envelope and you can post one to them. You don't need a computer!

But you can download/upload your splits and route from your gps and see it on an electronic version of the map. I can draw mine on my map in two minutes after my run and chat with friends about route choice over a pint! That's a social network. And all this chatting on the computer with like minded individuals. Forget it! Geeks and nerds whose hobby is best called DopeSport.

And don't talk to me about water-proof maps! Real friends of the environment

those are. Right, let's find out where the event is this weekend, I'll have to check the BOF fixture list. Aaargh! What the?

Computers! I hate them. Ah well, at least I don't have to work with them every day.

What's wrong with orienteering these days? Wasn't like that in my day.

John Butler

DEVELOPMENT NEWS

HALO Development activities have continued during the summer.

On the mapping front, Beverley Town Council have agreed to fund the Beverley Map.

The Sewerby Park map has been completed and permanent O Course sites identified. The park staff seem to have put this back in their priorities so the project is suspended for the moment.

Brian Slater has had enquiries about resuscitating the Willingham Woods Permanent O Courses. Many posts remain, but the map needs updating. There is a difficulty in finding an outlet for the map packs. Brian to investigate.

Brigg Round Table asked for an Event to be put on (unfortunately too late for Poacher) so Mike & Dorothy arranged a Score event using the Brigg Town centre map. This was much enjoyed, and the Poacher Events list to be sent

to them for next year.

Normanby Hall Country Park had run out of Permanent Course map packs, so Mike & Dorothy resurveyed all the posts, moving one and have assembled another 50 map packs.

Mike & Dorothy have also been asked to provide some Orienteering activities for Belton Guides.

Brian Slater is doing a similar project with Grimsby Scouts on one of their evenings.

HALO have been approached by a Humberside Police liaison officer about suitable south bank areas to use for Nite Pilot 2010. Primrose Warren or Elsham were suggested. Assistance was offered with navigational aspect of this challenge if required.

Some more HALO members have expressed interest in obtaining some BOF Coach qualifications. A Level 1 and 2 Course can cost in excess of £200 per person plus venue costs and requires an initial commitment of 3 days plus a further session planned and organised by the 'Coach' where the candidate's ability is assessed on an individual basis. At Level 2 and above this is not something to be undertaken unless an individual is able to lead and instruct a group of up to 20 people on their own. A Level 3 Qualification would also incur a degree of commitment to coach outside HALO. There is a requirement at all levels to hold a first Aid qualification. EBOR are holding a course in the new year – there may be some places available; if not holding a course may be considered if there is sufficient interest.

BEVERLEY CLUB NIGHT

We are trying to establish an orienteering club night, initially for children aged 8 to 14 from schools in Beverley and the surrounding areas but older age groups, families and friends will be welcome to attend. The club will be meeting at the Girls Gymnasium in the Upper School at Longcroft every Monday evening, from 6.30 to 7.30 pm, commencing on 21 September 2009 and has the full support and encouragement of the East Riding School Sports Partnership Development Managers and the Hull and East Riding Competition Manager.

Orienteering is now a major sport in education meeting the developmental needs, both physical and mental, of pupils. It is an important vehicle for delivering the Outdoor Adventurous Activity within the English National PE Curriculum as well as providing the opportunity for cross curricular links with Maths, Geography and Citizenship Studies. Likewise, it



offers an exciting multi-dimensional extracurricular activity which is one of the reasons for trying to establish the club night.

British Orienteering has given a grant of £800 to help get the club night established.

This has enabled us to produce the 50 attractive posters and 2000 postcards which have been distributed to the 25 schools in the area. The Regional Development Officer, Colin Best, has also been particularly helpful especially given his experience of similar ventures elsewhere.

The club night will be led by Neil Harvatt (a qualified British Orienteering level 2 coach) supported by Brian Slater (also a level 2 coach) and Brian Bate (a level 1 coach) from East Riding Sports Development who have been extremely helpful. John Butler, Mary Carrick, Brian Ward, Dean and Rosie Field have all offered to give a hand.

Existing club members, especially those on the North Bank, will be very welcome to attend, either to help or take part in the activities, which will be suitable for all fitness levels, ages and abilities – no experience is necessary. The activities will include –

- Group runs
- Circuit training
- Indoor and outdoor orienteering exercises
- Problem solving activities

On Sunday 4 October a beginners' orienteering event will be held at Longcroft School between 10.30 am and 12.30 pm to formally launch the club nights. This will be followed by a series of monthly beginners' events on local areas. For further details click on the "Beverley Club Night" link on the HALO website or give me a call.

John Butler 01482 870312

Scottish Six Days - Tay 2009

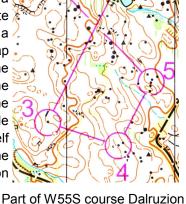
The competition areas for the 2009 Six Days were to the East & North of Perth, the Event centre being at Perth Racecourse. 9 HALOs & 2 LOGs were staying in a very luxurious self catered farmhouse at Benvie, just West of Dundee.

From my perspective the feature this year was the range of technical Orienteering provided, all within a reasonable travelling distance. There was the intricate contour detail in the coniferous and deciduous forests of Dalrulzion and the twin hills of Kinnoull; Tullochroisk which featured open moorland as well as deciduous & coniferous forest; the forested dunes of

and grassy dunes of Barry, Buddon; finishing in the moorland around

Loch Ordie.

Day 1: Dalruzion: this was designated a World Ranking Event attracting elite competitors. and the first taste International flavoured commentary. The map and terrain were superb, although I found the going underfoot difficult with brashings on the forest floor. It paid to keep in touch with the map. I managed to sneak ahead in the battle of the M60s although both Paddy & myself made significant mistakes on No 2. The HALO stars were Mark Tyszka's 2nd on M70S, Zac Field's 2nd on M14A & Fiona Forrest's 3rd on W35L



Day 2: Kinnoull Hills near Perth. The area had guite an extensive path network but I was not convinced about the mapping of the forest screen. That was my excuse as I managed to take 25mins to find one control. Brian Slater & I were both about 20mins behind Paddy. Mark & Fiona both clocked up 2nd places again, with Joe Field a creditable 3rd on M10B.

Day3: Tullochroisk: Wet & miserable with low cloud hanging around. There had to be one day of typical Scottish weather. Paddy sneaked ahead of me by 40 secs., a case of who recovered from their mistakes fastest. A 2nd for Zac & a 3rd for Mark, but Fiona had a couple of 4 min errors so finished away from the top three.

Tuesday night saw about 20 HALO members & friends gathering at a local hotel for the traditional meal. A very pleasant evening thanks to Paddy with his efficient organisation.

The rest day was occupied by a variety for sports; golf. Mountain biking; sightseeing; hill walking, but no HALOs were tempted by the Sprint "O" even though it was in Scone Palace grounds with the finish up the finishing straight of Perth Racecourse!

Day4: Tentsmuir: fast running across the flat forested sand dunes with a rectangular network of paths and tracks. The dunes rising from the forest floor. Easy to get the wrong block as many dunes look similar. Despite heading for No 2 from the start, instead of No 1 I did end up ahead of Brian who

had a steady run, and Paddy Day 4 - Why who lost 13 mins. on No 13. *Dinah Tyszka* Unlucky! Zac found the area

Day 4 - Why did I go this way? - photo Mark & Dinah Tyszka



to his liking with a victory; Mark consistent again in 2nd.

Well Brian where the !!!!! is No 16

Day 5 Barry Buddon: At the seaside again. Dunes with some open woodland. The open grassy area should have been easy, but mistakes were easily made in the complex 20m high dune systems. Paddy had one of his best runs of the week comfortably ahead of Brian & myself, who at one stage were both headless chickening around trying to find the same control. Fiona found the area to her liking with a resounding victory with Mark again

in 2nd place. The day was marred for some HALO members as the courses 16 & 21 had different paper control descriptions to those on the map. Much time was frustratingly spent looking for the last few controls. The courses were truncated at the first control in error, so results were fair. Fortunately

this was the only hiccup with Planning or Controls for the whole week.

Day 6: Loch Ordie: and so we reach the end. The final showdown saw me unwell and Paddy consolidating his position as the HALO M60 top (old) dog. Fiona was really motoring at this stage finishing 1 ¹/₂ mins. ahead of the next person. A really fine end to the week. Zac and Mark consolidated their positions with a 2nd & 3rd respectively.



Mike Smith finishing Day 6

HALO managed the 3Ps for the overall scores for the week - Three Podium Positions with second places in W35L / M14A / M70S.

Although I have focused on the M60s and top three places I should mention the final positions overall :

M10B: Joe Field 9th / 19

M14A Zac Field 2nd : Jake Field 28th / 65

M21S: Martin Kullich 23rd /84 M45L: Dean Field: 35th / 124 M50L: Neil Harvatt: 41st / 134

M60L: Paddy Neligan: 93rd: John Fulwood: 107th: Brian Slater 128th / 151

M65L: Mike Smith 31st: Pete Kullich: 37th / 86

M65S: John Butler 19th / 37 M70S: Mark Tyszka :2nd / 20 M75L: Pat O'Grady 20th / 29 W10A : Yasmin Field 15th / 26 W35L: Fiona Forrest 2nd / 39 W45S: Roseanne Field 16th / 68 W55L: Mary Carrick 53rd / 67

W55S: Margaret Fulwood: 31st / 42

John Fulwood

The HALO Podium Page







Tay 2009 second places: Fiona, Zac & Mark

Photo : Dinah Tyszka



"I know they did well, but why did I get the orange box?"



Charlotte Ward: HALO First claim member but EBOR Women's Club Champion

Photo: Brian Ward

A Downside to Tayside

A poem dedicated to Ann and Pat O'Grady - by Dinah Tyszka

Up the airy mountain, down the rushy glen,

We dare not go a-running, for there's danger there, ye ken.

Tick, tick, tick, tick,

Tick, tick, tick tick.

When you least expect it, while through bracken deep you wade,

Through hole and tear and open neck they're ready to invade.

Tick, tick, tick tick,

Tick, tick, tick tick.

Now the competition's over you begin to search your skin

And wonder how and when and where the little b_ r crept in.

Tick, tick, tick, tick,

Tick, tick, tick tick.

It's no good getting worried – grab the tweezers, grip its head,

A steady anti-clockwise turn, just as the doctor said.

Tick, tick, tick, tick,

Tick, tick, tick tick.

A touch of antiseptic and all is well once more

Till the mirror shows two of his friends embedded 'neath your jaw!

Tick, tick, tick, tick,

Tick, tick, tick tick.

Still – Tayside now is over and for Oban we will train

To better our performance there, but what about the pain of

Midge, midge, midge, midge,

Midge, midge, midge, midge??

Zac takes on his first Mountain Marathon

The Saunders Lakeland Mountain Marathon (SLMM) is a two-day mountain marathon usually held in the English Lake District in early July. It is sponsored by Robert Saunders, a long-time UK manufacturer of light-weight tents. Dad (Dean Field) did this regularly during the 1990s winning numerous medals across the higher classes. 2009 is the first year I was able to compete as there is an age limit of 14 years for the shorter courses moving rapidly to 16 and ultimately 18 for the longer courses. Do not be fooled in to thinking that shorter means easier, all courses have the same technical difficulty and similar climb to distance ratios. The Marathon comprises eight classes ranging from the Klets Class (the only solo class) for elite runners, through six running classes for teams of two, to the Bedafell class for walkers. Because of the popularity of the Lakes, courses are usually set to run 'across the grain' of the country, away from popular paths, so as to minimise erosion due to the race.

Mountain marathons require organisation, fitness, good map reading skills, and intelligent decision making. According to my Dad to win a mountain marathon requires also an element of luck as well! Utilising my Dad's previous experience we pooled all the equipment together, tent, 2 sleeping bags, cooking equipment, food for 36 hours, first aid kit, wet weather gear, change of clothing, 2 torches etc .etc. Since we were going to have to run and carry this kit my Dad went to endless lengths to reduce the weight: no eating utensils, no toothbrushes, no bowls, dried



meals, tent weighting 850g, no carry mats, 1 season sleeping bag.... You have to see it to believe it. The rules stipulate exactly the minimum requirements for what every competitor has to carry and there are the team requirements (Tent, cooker, first aid kit, food). My Dad opted to carry all the team equipment which I did not argue against, whilst I carried that stipulated. My Dad weighed the packs 11lbs for him 7 lbs for me, a team weight of 18lbs. He assured me this was good.

We had one of the first starts (08.01) on the Harter Fell course the toughest course we could do within the age limit guidelines. Starting at Coniston and quickly heading North West in to the mist to a control in a disused mine on Sunlight Crag. This would normally be a straightforward control, however, as we lined up to start the heavens opened and the cloud level dropped to obscure everything, visibility down to <100m. We opted for a safe route round and over dropping on to the control perfectly. We then headed North up to Black Sails Pass where there was the first major route choice option: drop into the head of Greenburn Beck and then climbing back out again to Wrynose Pass, or go up to Swirl How and Great Carrs and ridge running to the control overlooking Wrynose Pass. We felt strong and the mist urged us to take the safer route. The rest of day one was fairly straightforward



apart from Dad's shoe falling apart between control 5 and 6. Emergency repairs were required to stop the sole flapping and ultimately coming off a ltogether. This slowed us down hugely and lost us about 30 minutes. Whilst not focused on the navigation but on the shoe we also drifted much further down Hardknot pass that intended leaving us with an additional 10 minute climb. These incidents caused us to lose approximately 40 minutes.

Day 1 after 16.2Km and 870m of climb saw us at the overnight campsite near Seathwaite (Duddon Valley) in 7th place having taken 4:29:53 some 48 minutes behind the leaders out of 124 starters. We now had to resolve what to do about my Dad's ETA shoes, the sole on the right shoe was only attached by about 1" of the heel, whilst the left shoe was only attached at the toe and heel and flapping lose in-between. With only a first aid kit and string from our compass things looked bleak.

One of the things that make the SLMM is the availability of beer and milk at the overnight camp, not available at the other events (OMM, LAMM, Mourne). My Dad did his duty and queued at Wilfs (no food to be sold), when the guy behind the counter asked him "What would you like?" my Dad said "Your shoes?", a bit of banter was had and my Dad left with Beer and Milk. Later the same guy was

roaming around the campsite collecting the empty cans and came over to our tent, and unbelievably said that my Dad could use his shoes.





What a great guy?, and a stroke of luck. The shoes were obviously not running shoes, they were leather and suede country casuals, but beggars cannot be choosers.

After a not particularly restful night in a rather small tent, Day 2 started with a nasty shower of rain. There was a chasing start for the leaders and those within 45 minutes. As we were 48 minutes behind the leaders we had an open start time after the chase. My Dad suggested we start last and use the train of others to motivate ourselves during the day. I can confirm that it feels good to be passing others and certainly gives you a boost.





We hared off to the first control a small knoll on the side of White Maiden, a good climb up from the camp site, passing literally hundreds. The 2nd control was a long run around 2-3 km around to a boulder before Goats Water. By this time we had overtaken virtually all the teams outside the chasing start and were up with some pretty fast teams. A long climb up Goats Hause and a long contour around the head

of the valley containing Seathwaite Tarn with a control on a stream source made for a rough leg and at the end of which all but the hardiest of teams were behind us. Teams running around us marvelled at my Dad's ability to hit the stream source spot on 650m contour as shown. My Dad confirmed that his altimeter, an accepted piece of equipment in Mountain Marathons, was vital and can be critical if the weather is misty/foggy. We came back through Black Sails and down to Levers Water where we were able to stretch our legs and break the remaining teams except for Tom Edwards (M21) and his Dad who remained with us. We now dropped off the fells for a track run back to the finish in Coniston.

We finished with a second day time of 2:58:10 for 14.7 Km and 795m of climb in 2nd place for the day 1:09 down on the Day 2 winners and ahead of the overall leaders. This was sufficient to pull us up to 5th place overall and left us rueing the loss of 40 minutes for equipment failure, new shoes I suggest. There will of course be another opportunity next year!

Zac:

(Edited by Dean)

Yorkshire and Humberside 3rd in Junior Inter-Regional Championships

HALO juniors Charlotte Ward and Zac Field were selected to represent the Yorkshire & Humberside Region in the Inter-Regional Championships held in Northern Ireland on 12/13 September.

The Yorkshire & Humberside Squad took 3rd place overall behind Scotland and the North West. Zac was 9th out of 41 (M14) and Charlotte was 18th out of 35 (W18) in the individual events.

Zac took a gold medal in the relays with team mates Aidan Smith (SYO) and Duncan Birtwistle (CLARO). Charlotte's team finished 25th. For the full results see the Lagan Valley Orienteers web-site.

Zac in English Junior Team

Congratulations to HALO junior Zac Field who was a member of the winning English team at the Junior Home Internationals held at Newborough Forest on the Isle of Anglesey on 5/6 September. Zac was 3rd in the individual event (M14) on the first day and a member of the 3rd placed team in the relays on the following day. For the full results see the ERYRI web-site.

HUMBERSIDE AND LINCOLNSHIRE ORIENTEERS ANNUAL GENERAL MEETING

The Meeting will be held on

Sunday 1st November 2009

At The Wheatley Hotel, Thorne Road, Doncaster DN2 5DR (GR SE 601054)

Directions:

From Sandall Beat, turn Right along Leger Way. At first roundabout (by water tower), straight on. At next roundabout, turn Left. Venue is on your right, after end of Park.

Approx 5 minute drive

Time 1.30 pm approx

It follows the SYO Event at Sandall Beat, Doncaster Where The HALO Club Championship will be contested for the Martin Dearden Trophy

Agenda:

- 1. Minutes of the AGM held on October 2008
- Matters Arising
- 3. Chairman's Report
- 4. Presentation of Trophies
- 5. Treasurer's Report
- 6. Election of Officers

HALO Christmas Festivities

Sorry to bring Xmas up so early but I propose to make enquiries for dates at the Ramada Jarvis, Willerby, nr Hull, again this year as I have had feedback that the venue was excellent and would like to know how many people are interested in joining us for the festivities. This year I will be booking the night with a disco, which will I am sure attract our younger members.

If you are proposing to join us please let me know. I would also like to hear from you even if you do not wish to join us.

Ingrid Slater: Social Secretary: (contact details P2)

HALO League 2008 / 9 (140 + points)

			Best Six	Events
Dean Field	M45	Senior	768	8
Helena Crutchley	W45	Senior	760	8
Neil Harvatt	M50	Vet	722	7
Zac Field	M14	Junior	720	8
Brian Ward	M45	Senior	688	7
Charlotte Ward	W18	Junior	671	6
Jake Field	M14	Junior	653	11
Rosie Field	W45	Senior	624	9
Mike Smith	M60	Vet	609	7
Yasmin Field	W10	Junior	609	8
Joe Field	M10	Junior	586	11
John Butler	M60	Vet	559	6
Pat O`Grady	M70	Vet	550	6
Paddy Neligan	M60	Vet	539	5
Pete Harris	M50	Vet	485	5
Amanda Ward	W45	Senior	444	5
Helen Smith	W21	Senior	408	5
Tracey Blackburn	W35	Senior	387	5
John Fulwood	M55	Vet	380	4
Mary Carrick	W55	Vet	364	4
Geoff Smith	M50	Vet	344	5
Pete Shew	M60	Vet	304	3
Dinah Tyszka	W70	Vet	292	3
Mark Tyszka	M70	Vet	241	2
Pete Kullich	M65	Vet	241	2
Shrinivas Ankhindi	M12	Junior	231	3
Brian Slater	M60	Vet	229	3
Fiona Forest	W21	Senior	224	2
Isoldt Harris	W45	Senior	222	3
Amber Harris	W16	Junior	217	3
John Chaney	M70	Vet	198	2
Vernon Davis	M65	Vet	184	2
Ann O`Grady	W70	Vet	174	2
Ken Hutson	M50	Vet	172	2
Santosh Ankhindi	M40	Senior	170	3
Sue Chaney	W65	Vet	156	2
Andrew Houlden	M35	Senior	143	2

HALO League 2009 / 10

The following fixtures are provisionally designated as HALO League					
events for 2009/2010. Please check HALO website for latest info.					
11/10/2009	White Horse	EBOR	Nr Thirsk		
25/10/2009	Newmillar Dam	EPOC	Nr Wakefield		
29/11/2009	Harlow Moor	CLARO	Nr Harrogate		
06/12/2009	Ramsley Moor	SYO	Nr Sheffield		
13/12/2009	Driffield?	HALO			
03/01/2010	Esholt	AIRE			
14/02/2010	Castle Carr	EPOC			
28/03/2010	TBC	EBOR			
11/04/2010	TBC	AIRE			
25/04/2010	TBC	HALO			
09/05/2010	TBC	EPOC			
27/06/2010	TBC	SYO			

Congratulations to the prize-winners in the 2008/09 HALO League which finished with the EBOR event at Dalby on 5 July - $^{\circ}$

Final League Positions:

Juniors: 1st Zac Field (M14) 2nd Charlotte Ward (W18) 3rd Jake Field (M14)

Seniors: 1st Dean Field (M45) 2nd Helena Crutchley (W45) 3rd Brian Ward(M45)

Veterans: 1st Neil Harvatt (M50) 2nd Mike Smith (M60) 3rd John Butler (M65)

Editorial - John Fulwood

Thank you again to all those who have contributed. Keep the articles & pictures coming.

At the Committee meeting there was some discussion about the Club Championships and courses available. Apparently Sandall Beat was going to be advertised as a Middle Distance Event. What on earth does that mean? Previously it would have been a Colour Coded Event offering White to Blue courses. British Orienteering decided that Colour Coded would be replaced by District, which I could live with, but Middle Distance?

There is now total confusion. On the BOF website it is now advertised as a Local cross country Event - great. I understand. But hang on - word from BOF is that if other clubs go to the Event it should be a Regional Event. Why are Local Events advertised in Compass Sport magazine if they are only to attract locals who would not read the magazine?

Back to the Middle Distance: In preparing the fixture list I came across the AIRE Harden Moor Event: this will offer 9 medium distance Championship type courses- what on earth are they? At least the Event is defined as Regional.

Back to Regional: Are Poacher Events Regional - we get a significant number of competitors from LOG/EBOR/DVO - so it must be Regional. Were the East Yorkshire Sprint series Regional or Local? Were they Sprint races even? Or Short races - What is a Sprint race? Who knows? Winning times were certainly greater than 12-15mins. There are some guidelines for the JK, but the BOF website is way behind in presenting info for the beginner or average Orienteer.

I've Orienteered for decades and thought I knew about the Event structure. I laid out the BOF proposals in the Jan / Feb Newsletter, but find the situation totally confusing. Whoever designed the terminology really needs to get his or her head examined. In the Fixtures summary, I've decided to abandon the Local/Regional description as being meaningless. A shame as previously it would have defined the Event. For each Fixture you now need to examine the info on the organising club's website in detail to see if it is an Event you wish to attend. If you are new to the sport - sorry. It used to be quite straightforward.

A reminder that HALO NEWS is On-line at www.halo-orienteering.org.uk

If you are happy to view, or download / print from the website instead of receiving a hard copy by snail mail, then please let me know by e-mail.

Savings on printing, stationery, postage will all help the club funds!!!!!

Copy date for next Newsletter: 1st December 2009





BARBECUE -

SUNDAY 26TH JULY 2009



Many thanks to Pete & Julie Shew for allowing the club to use their garden for the HALO BBQ. The weather was kind and a good time had by all.



Photos: Pete Shew's mother!

Compass Sport Cup and Trophy Final 2009 18th October 2009

Location

The 2009 event will be held at Fineshade Woods, Northamptonshire Grid Ref- SP 979983 on the A43 about 7 miles south of Stamford. The area is a mixture of native hardwoods forming part of the old Rockingham Forest and newer Forestry Commission plantings.

Entries:

I need entries for the Compass Sport Trophy Final to be finalised by the end of September.

The committee would like as many club members as possible to take part. The club is therefore paying the entry fees for competitive runs. If a family is travelling together for one or two to compete, then those family members who are not up to the specified courses may run shorter courses non-competitively, the club also paying the entry fee.

There are White and Yellow courses available for Entry on the Day.

Courses are as follows:

Brown: Open Men

Blue Women: Open Women Blue Men: M45+ and M20-Green Women: W45+ and W20-

Green Men: M60+

Short Green Vets: M75+ and W60+

Light Green Juniors: Men/ Women 16 & 18

Orange Juniors: Men / Women 14-

I plan to use the latest start blocks available to HALO for ease of transport.

If you wish to compete, please let me know by the end of September: I need confirmation of your Age class: BOF number: and SI card number or if you wish to hire one.

If you wish for an early start, please also let me know.

Further details about course lengths, directions and other instructions will be circulated when available - early October

John Fulwood johnfulwood@supanet.com 01507 466314

Fixtures

CLOK: www.clok.org.uk DVO www,dvo.org

EBOR www.eborienteers.org.uk EPOC www.eastpennineoc.org.uk

LOG www.logonline.org.uk NOC www.noc-uk.org

SYO www.southyorkshireorienteers.org.uk SHUOC www.shuoc.union.shef.ac.uk

Please check Club websites, or fliers for details. Fees are a relative indication only and are as far as I can make out; assuming Senior BOF Regional member:

£= £0-3: ££= £3.01-6: £££= £6.01-8: ££££= £ 8.01-10

Date	Туре	Club	Courses	Info	Where	Fees
3rd Oct	X - Country	CLOK	White - Black	Closing Date - 30th Sept	Nr Osmotherly	£££
4th Oct	Urban & Ultrasprint	CLOK		Closing Date - 30th Sept	Northallerton	£££
4th Oct	X - Country	NOC	White - Brown	Harlow Wood	Mansfield	££
4th Oct	School	HALO	ТВА	See Pages 5-7	Longcroft School Beverley	£
11th Oct	X - Country	EBOR	White - Brown	White Horse	Nr Thirsk	tbc
17th Oct	X - Country	AIRE	White - Green	O-lite seies	llkley Moor	£
18th Oct	Compass Sport Trophy Final - see details in Newsletter					
25th Oct	X - Country	EPOC	White - Brown	Newmillar Dam	Nr Wakefield	££
31st Oct	X - Country	LOG	Short & Long	Winter Series 1/6	W Common Lincoln	£
1st Nov	X- Country	SYO	White - Blue	Club Champs	Sandall Beat Don- caster	££
7th Nov	X - Country	AIRE	White - Green	O-lite seies	Heber's Ghyll - Nr Ilkley	£

Fixtures cont'd

Date	Туре	Club	Courses	Info	Where	Fees
8th Nov	X - Country	EBOR	White - Brown	Raincliffe Woods	Scarborough	tbc
8th Nov	X - Country	LEI	White - Brown	Wakerley Woods	Stamford	£££
14th Nov	Urban	LOG	Short & Long	Winter Series 2/6	University of LincoIn£	
15th Nov	X - Country	DVO	White - Black	Closing Date 6th Nov	Eyam	£££
15th Nov	X - Country	AIRE	9 of them!!	Middle Distance ?	Harden Moor - Keighley	££
21st Nov	Sprint	SHUOC	Short / Med / Long	City Centre	Sheffield	££££
22nd Nov	X - Country	LOG	White - Brown	Stapleford Woods	Stapleford	tbc
28th Nov	X - Country	CLARO	TBC	Night Event	Hollin Head	tbc
28th Nov	X - Country	AIRE	White - Green	O-lite series	Danefield Otley	£
28th Nov	X - Country	LOG	Short & Long	Winter Series 3/6	HartsholmeCP Lincoln	£
29th Nov	X - Country	CLARO	TBC	Harlow Moor	Harrogate	tbc
6th Dec	X - Country	SYO	White - Brown	Ramsley Moor	Sheffield	££
12th Dec	Urban	LOG	Short & Long	Winter Series 4/6	Christ's Hospital School Lincoln	£
12th Dec	X- Country	HALO	tbc	Night Event	Driffield tbc	tbc
13th Dec	X- Country	HALO	tbc		tbc	tbc
20th Dec	X - Country	EPOC	White - Blue	Elland Woods	Halifax	££