

April 2012

# HALO News

*The newsletter of Humberside and Lincolnshire Orienteers*  
[www.halo-orienteeing.org.uk](http://www.halo-orienteeing.org.uk)

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## HALO

### 4th May 2012

**STOP PRESS NEWS .....**

## **HALO achieves ERCAS GOLD !**

*The highest level of award under the East Riding Club Accreditation Scheme (ERCAS)  
(details on the HALO website)*

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## HALO Committee 2011-2012

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### **Chairman & Welfare, Coaching, Mapping & SI:**

Brian Slater  
Tel: 01472 509247  
Email: bslaterclee@yahoo.com

### **Secretary :**

Paul Van Dam  
Tel: 07811 614935  
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### **Treasurer:**

John Butler  
Tel: 01482 870312  
Email: john@the-butlers.co.uk

### **Fixtures & Permissions**

#### **Junior Coach & Team Manager:**

Neil Harvatt  
Tel: 01302 772911  
Email:  
neil@neilharvatt1.orangehome.co.uk

### **Membership:**

John Fulwood  
Tel: 01507 466314  
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### **Junior Representative:**

Sam Offler  
Tel:  
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### **Committee & Equipment:**

Ken Hutson  
Tel: 07748 763368  
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### **Committee:**

Mary Carrick  
Tel: 01482 821249  
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### **Committee & Website:**

Pete Shew  
Tel: 01652 651246  
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### **Committee:**

Brian Ward  
Tel: 01430 421343  
Email:  
brian@halo-orienteing.org.uk

### **Committee & Poacher**

#### **Co-ordinator:**

Pete Harris  
Tel:  
Email: skybluepete@tiscali.co.uk

### **Committee:**

*Vacancy*

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## **Non-Committee Members**

### **Social Secretary:**

Ingrid Slater  
Tel: 01472 509247  
Email:  
chrysalis\_i-slater@hotmail.com

### **PCC Co-ordinator:**

Fran Humphrey

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## HALO at 0 and before!

EYOC: the last AGM/1

*As HALO approaches its 30th birthday, John Bulter has found some meeting minutes from the last AGM of the East Yorkshire Orienteering Club (EYOC) in October 1981 and the Extraordinary GM held on 4th May 1982 . They make for interesting reading and not just because of the forthcoming anniversary! With apologies for the image quality.*

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MINUTES OF THE 12TH ANNUAL GENERAL MEETING OF THE EAST YORKSHIRE ORIENTEERING CLUB, HELD AT THE 'BUCK INN', HICKSIDE, BEVERLEY, 21ST OCTOBER 1981

Present, Quentin Jefferson, Dave Rawling, Dave Lawson, Mike Heselbine, Kate Stubbs, Dave Stubbs, Shaun Poole, Pam Hughes, Frank Shelley, Grant Shelley, Ian Wood, Alison Wood, Mike Cope, Christine Cope, Doug Atkinson, Doreen Atkinson, Brian Slater, Ingrid Slater, Brian Johnson, Phil Goreham, Ken Barnes, Mandy Goreham, Vic DeMaia, Rob Toose.

Apologies Doris Lawson, Brian Ward, Colin Moulton.

The minutes of the 11th Annual General Meeting, held at the 'Buck Inn' on 1st October 1980 had been circulated with the agenda before the meeting.

Matter Arising

There were no matters arising and the members accepted the minutes as correct.

Chairman's Report

1.a. The last year since October had seen a very busy programme. In February we held a badge event at Scardale and Knapton planned by Dave Higginson and controlled by Brian Slater. The organisation by Dave and Kate created a lot especially with the large entry on the day, but the event went off without too many problems.

b. In March we held a club event combined with schools league at Lonsborough Park, organised by Mike Cope, planned by Dave Lawson and Quentin Jefferson, and controlled by Kate Stubbs. The weather was somewhat cold and wet, but there were no problems except a pit becoming a pond with the punches at the bottom.

c. Early in October a Come And Try It was held on Beverley Westwood, organised and publicised by Vic DeMaia, and planned by Dave Rawling. This CATI followed an orienteering course set up and organised by Mike Heselbine and Brian Slater at the end of the summer term for school teachers in Humberside. The course was to encourage them to try the sport and especially to introduce and promote it amongst the schools and school children.

The response was encouraging and at the CATI we saw many new faces, quite a few from schools but coming with their parents. In the next three months to continue to encourage this response we will be holding follow up events on the Westwood. The dates are 25.10.81, 22.11.81, 13.12.81, all starting at 10.00 am on Westwood Road.

d. Over the winter of 1980/81 we held the regular winter league events. This series was coordinated by Rob Toose, using the very good street maps of Hultonprice, Bricknell Avenue, Beverley, and Sutton Park, along with Swinemoor. Most of the regular club members helped in the organisation of these events. The league produced the following winners:

Long Course	-	Dave Lawson	
Medium Course	-	Shaun Poole	
Short Course	-	Doris Lawson	(Trophies were presented)

e. This year we held a series of summer informal events on the first Wednesday of each month on the Westwood. Again it was coordinated by Rob Toose. The winners were:

Long Course	-	Brian Slater	(with Pete Kullich on the same points)
Medium Course	-	John Phillips	
Short Course	-	Doris Lawson	

This league was informal to encourage people to compete and therefore there were no trophies.

- f. A major part of Mike Heseltine's time has been taken up in coordinating the East Yorkshire Schools League. He is overall coordinator, with three events being organised by EYOC and three by EYOR.

We owe a lot of thanks to Mike who has done this task for several years. A new committee is being formed between EYOC and EYOR, though Mike will still be involved as he is one of the members. Thanks also to Pam Hughes for computerising certain aspects of the League.

- 2. Turning to people now rather than events. For the general running of the Club, as well as the people I have already mentioned, thanks must go to:

Brian Slater, for coordinating and running the summer training sessions, in an attempt to improve our techniques.

Kate Stubbs, our regional representative for another year, and also for ensuring I carried out the tasks I said I would.

Dave Hawling, for doing the Secretary's job; quietly sometimes but getting more and more involved.

Dave Lawson, for producing the Newsletter.

Pam Hughes, Minutes Secretary.

Ian Wood, who produced the Effort League.

- 3.a. Quentin Jefferson was presented with the 1981 Effort League Trophy by the Chairman.

- b. Ian and Alison were leaving to live in the Pennines area. We wish them luck and hope to see them orienteering.

- 4. Achievements of Club members, especially the youngsters, were as follows:

- a. Shaun Poole for being selected to tour Austria with the Junior Squad, and doing very well over there.

- b. The other juniors who all improved in M17 (Dave Lawson, Quentin Jefferson, Col Moulson, and Shaun Poole) and Dave Higginson who continued to do well in M19 (He was 4th at Galloway).

- c. The Beverley team of Quentin, Kate, and Dave Lawson, won the Hamerside Relay Championships which were held at Grimsby.

- 5. During the year kites, punches, tapes and Eleons, are amongst the equipment purchased by the Club.

A new map of Bickley, involving a reurvey, has just been produced, and reprints of Scardale and Knapton, along with the Westwood, have been made.

- 6. Next year will be one of more encouragement of local people at small local events, rather than badge events (although we may become involved in next years (1982) White Rose).

- 7. The Chairmans report was closed with the pleasant task of presenting the committee's choice of the EYOC Orienteer of the Year, to Shaun Poole, chosen because of his Austrian tour and his map of Barton. He was presented with the trophy which had been donated by John Poole.

#### Treasurers Report

The large cash surplus was due to the high number of entries on the day at Scardale and Knapton.

Balance sheet proposed - Ken Barnes, Seconded - Kate Stubbs

Concern was expressed at the time taken for memberships to be processed; this was put down to a computer failure.

The aim of membership fees is to cover printing costs of the Newsletter and postage. Because of our healthy bank balance, no change in membership fees was needed.

Proposed - Committee,

Seconded - Vic DeMain

Election of Officers

Chairman - Kate Stubbs

Proposed - Brian Slater  
- Seconded - Mike Besseltine  
Elected unopposed

Secretary - Dave Rawling

Proposed - Alison Wood  
Seconded - Vic DeMain  
Elected unopposed

Treasurer - Phil Goreham

Proposed - Vic DeMain  
Seconded - Mike Cape  
Elected unopposed

Committee Members -

Brian Slater

Proposed - Kate Stubbs  
Seconded - Rob Toose

Mike Besseltine

Proposed - Dave Rawling  
Seconded - Ian Wood

Rob Toose

Proposed - Alison Wood  
Seconded - Shaun Poole

Vic DeMain

Proposed - Ian Wood  
Seconded - Pam Hughes

Regional Representative -

Kate Stubbs

Proposed - Brian Slater  
Seconded - Ingrid Slater

Newsletter Editor -

Dave Lawson

Effort League Compiler -

Dave Lawson

Any Other Business

Brian Slater suggested that the Club should affiliate to the Amateur Athletic Association. The committee agreed to look into this.

The meeting closed at 9.51 p.m.

**Editor's Note:**

As I passed The Buck Inn at Beckside, Beverley, on Easter Saturday, I noticed that it is now boarded-up and looking dilapidated, clearly missing the Chairman's patronage!

**Turn to Page 14 for the Minutes of the Extraordinary General Meeting that created HALO on 4th May 1982.....**

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# HALO Events

Coming very soon!

On this page ..... HALO events coming up in April, for more details on all these events, see the HALO website

**Wednesday 11th April** **Poacher 1**  
 First event of the new look Lincolnshire Poacher series takes place at Hendale

**Wednesday 18th April** **Poacher 2**  
 Middle Rasen / Osgoodby

They take place every Wednesday evening - see the HALO website for details

**Saturday 21st April**

Final event of the Winter series at the Humber Bridge Country Park. Starts from 1pm.











See Page 8 for more information about HALO events from May onwards

**Tuesday 1st May East Riding of Yorkshire Schools Orienteering Championships**

HALO is organising this event at **Burton Constable Hall**. In 2011 there were 200 young people from 29 schools in the Final, and in 2012 there could be even more - **so we will need Club members' help on the day**. If you can spare a few hours on **Tuesday 1 May** to help run this prestigious event, please let **John Butler** know as soon as possible.

[John@the-butlers.co.uk](mailto:John@the-butlers.co.uk)

How quickly can you solve this?

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								0
								2
								0
								3
								0
								0
								3
0	3	1	1	2	2	0	1	

### Trees and Controls

- Every tree has a control found horizontally, vertically or diagonally adjacent to it.
- No control can be in an adjacent square to another control [even diagonally].
- The numbers at the ends of the rows and columns tell you how many controls there are in each one.

**Can you locate all the controls?**

Solution in the next newsletter.

Puzzle courtesy of Dorothy Smith. If you have an orienteering-related quiz, puzzle or brain-teaser send it to the Editor (see page 15)

***On this page ..... John Butler reports on another successful Night Challenge event and more good news for HALO.***

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Many thanks to the twelve HALO members involved in this year's Humber Night Challenge which was organised jointly by Humber Police, Humber Fire and Rescue, the Tribune Trust and HALO on 3/4 March. As well as giving up all of the Saturday evening (or the early hours of Sunday morning, or in some cases both) 3 members also put on five training sessions at various venues in Beverley, Driffield, Hull, Grimsby and Scunthorpe prior to the event.

126 youngsters from East Riding, Hull, North East Lincolnshire and North Lincolnshire in 27 teams successfully completed 20K of night orienteering, mainly off road, starting and finishing at Brantingham Park (the home of Hull Ionians Rugby Football Club) in the East Riding. The teams were recruited through Neighbourhood Policing Teams from young people they know and youth and community groups they work alongside. The aim was to include young people who may not have had the opportunity to take part in this kind of outdoor experience, have little experience of the countryside or know what opportunities are available.

The top three results, which were kept under wraps until the prize giving at the Odeon Cinema in Hull on 19 March, were -

1 <sup>st</sup>	Village People (Worlaby)	(2 <sup>nd</sup> - 3:56:20)
2 <sup>nd</sup>	Hedon Youth Group (Hedon)	(4 <sup>th</sup> - 4:10:53)
3 <sup>rd</sup>	Storm Troopers (Immingham)	(8 <sup>th</sup> - 4:28:28)
3 <sup>rd</sup>	Bridlington Spartans (Bridlington)	(9 <sup>th</sup> - 4:39:15)

The brackets show the position and how long the teams took to complete the course, excluding the time taken to tackle the six challenges which they encountered on route. The final positions were adjusted to reflect their scores for the challenges. The fastest team took 3:50:04 but clearly did not do so well on the challenges.

The first challenge, which was run by HALO, was to plot 10 map references which identified the route to be followed. The last challenge was also run by HALO and was a maze where individual team members had to collect letters of the alphabet that when put together in the right order spelt the name of a place connected to the event. The other challenges, which included creating a wigwam, securing a team member in a stretcher and facing a mock crime scene, were run by our partner organisations. HALO also provided the maps and the SI equipment which was used for the start, finish and the controls on route.

The prize for the winning team was a week's adventure course in the Lake District, second was a day trip to Silverstone Racetrack and third was a day trip to Alton Towers. A special award of a place on the Outward Bound Classic Course was made to the outstanding individual competitor, and glider flights were made to a number of other outstanding individuals. In addition HALO presented each of the members of the top four teams with a HALO prize voucher which entitles the holder to free admission to any HALO Club Night or Orienteering event for the next year.

## TRIBUNE TRUST GRANT

At the Humber Night Challenge Awards Night, the High Sheriffs' and Humber Police Tribune Trust presented HALO with a cheque for £400

In thanking the HALO team for the help, support and advice provided for the Night Challenge over a period of months and on the night of the event, the Director of the Trust said -

*"We were very conscious of and appreciate all that HALO did in the planning, training and operations throughout the night so wanted to acknowledge this properly. Your club also hits 'all our buttons' in respect of support for young people."*

Whilst the publicity that HALO gets from being one of the joint organisers of the Night Challenge is most welcome, the main reason we get involved is because we see it as an opportunity to give something back to the community and to help some of those who have not had the same privileges that we have. We certainly do not do it because we think that we might get a grant - but it is very nice when our efforts are rewarded in such a tangible way.

### **What is the Trust?**

*The Trust is an endowment fund, registered with the Charities Commission. It was established by the High Sheriffs of Lincolnshire and the East Riding of Yorkshire and the Chief Constable of Humberside Police to improve quality of life and create a positive image for our business and residential communities .*

### **Who runs the Trust?**

*The Patrons and Trustees are local people who serve for a fixed term. Former, current, and future High Sheriffs and business leaders form the backbone of the Trustees. Through close contact with the police, donors and the community, they ensure that the Trust's funds are used constructively to maximise the benefits to business and residents*

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## HALO Events & Help required

May onwards

***On this page .....*** Neil Harvatt reviews forthcoming HALO events and the opportunities for those wishing to help in whatever capacity.

[neil@neilharvatt1.orangehome.co.uk](mailto:neil@neilharvatt1.orangehome.co.uk)

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### **Beverley Urban (YHOA League) Event – Sunday May 27<sup>th</sup>**

Market Square booked, Helena Crutchley organising.

*A Planner and Controller are required for this high profile event.*

### **YHOA Schools Championships – Sunday July 1<sup>st</sup>**

This event is to be held at Normanby Park, Scunthorpe. Courses from White to Blue required.

*A Planner, Organise and Controller are required.*

### **Thursday Evening Pub League – September to October 2012**

A brand new idea (for HALO)

Looking for friendly pubs that would be happy for us to have a room or part of. The emphasis being on Social as well as Competition.

The pub would be the start and finish of the event which would be a Score event (probably 1 hour) with a mass start.

Obviously the pub needs to be in (or very close to) a currently mapped area (or an area that someone will map before the date of the event) and so will be predominately Urban events.

Areas that are mapped that could be suitable include Brigg, Beverley, South Cave, Barmby Moor – but I suspect there are others.

(Sadly as they would be mainly Urban, this would prevent unaccompanied under 16's taking part)

*A planner/organiser is required for each of these, someone who is prepared to pop into the pub to see if the landlord would be agreeable and to also plan the course.*

The current thoughts are for these events to be in daylight, however if there was a demand there is no reason why the format couldn't be repeated after October as a Thursday Night

### **Saturday 8<sup>th</sup> December (YHOA Night League) – Swinemoor Pastures**

This will be followed by a level C event on Sunday 9<sup>th</sup> December.

*A Planner, Organiser and Controller are required for this event (It is usually easier if the same person does the Saturday and Sunday events but it is not essential).*

### **2013 YHOA Superleague Sunday April 7<sup>th</sup> 2013 – Scardale and Knapton**

A long way off, but it is surprising how quickly these things come round.

Permission has not yet been sought from the landowners.

*A Planner and Organiser are required. A controller will be sought from outside of HALO for this event.*

### **Saturday Spring Events/League – May to July 2012**

I agreed at the last committee meeting to co-ordinate this series/league which will consist of 4 Saturdays in May, June and July.

*A Planner is required for each of the four events. The format will be the same as the current Winter Events consisting of a White, Yellow, Orange and Technical (Green) courses.*

These events are primarily aimed at beginners/newcomers, but also cater for club members with the addition of the Orange and Technical courses.

Venues and dates (within reason) are up to the individual planners but a reasonable spread over the 3 month period would be desirable. East Park, Hull are keen for us to organise another event which seems a good idea as it got the highest turnout (so far) of the Winter Events. A couple on the North Bank and a couple on the South would be ideal.

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**If you are able to help in any way for these events or require further information please contact Neil**

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On this and the next four pages ..... months of orienteering.

Brian Ward reflects on his last few

I tend to divide my Orienteering into 3 basic categories these days – firstly there are the “important” races such as the Nopesport Urban League and major Sprint races. Secondly, races that I’d like to do well in but it’s not the end of the world if I don’t, such as Yorkshire Urban League and events in “nice” wooded terrain (YHOA Champs at Pillar for example). Thirdly “Training”, which can either be low-key events, Urban, Sprint or “traditional” – events like the HALO Saturday League for example, or, funnily enough, actual Training or Training Events.

### 26th November 2011

The final Nopesport Urban League race of 2011 took place in **Penrith**. What looked like a fairly straight-forward area from the map displayed at assembly, turned out to be a really good test of Urban-O “in the flesh”. A mixture of residential, town centre, castle grounds, school grounds and parkland combined to provide a fitting finale to the 2011 National Urban League competition. Just one spoiler, a gate marked as closed was in fact open, meaning those who used it as a route choice were disqualified, but not until a while after the event was over and trophies for the series awarded. What a shame!



It’s not what you know, it’s who you know. In the evening I got an invite to the Night Sprint Relay held for the 16’s at Hawkeshead Youth Hostel. What a brilliant “event”. Loads and loads of controls – roughly one every 100 metres or so, with multiple butterfly loops, dozens of juniors and a fair few coaches, all running around the tight, compact grounds of the Youth Hostel....in the dark.... Absolutely brilliant fun ☺

### Nopesport National Urban League 2011

#### Final Positions

(HALO members with 3 or more qualifying events)

<b>Women Super Vets:</b>	<b>Dorothy Smith 23rd</b>
<b>Men Super Vets:</b>	<b>Neil Harvatt 8th,</b> <b>Ken Hutson 12th</b>
<b>Women Vets:</b>	<b>Amanda Ward 17th</b>
<b>Men Vets:</b>	<b>Brian Ward 5th</b>
<b>Women Open:</b>	<b>Helen Smith 2nd,</b> <b>Charlotte Ward 3rd</b>
<b>Women Junior:</b>	<b>Yasmin Field 10th</b>
<b>Men Junior:</b>	<b>Jake Field 3rd</b>

### 4th December 2011

The Yvette Baker Trophy Final at **Mausoleum** was a little disappointing on two counts. The wood had a bit more underfoot rubbish than I remembered and the planning wasn’t as testing as I thought it could have been, still, it was a nice run out in, what ordinarily, is a lovely piece of Lincolnshire woodland.

### 10th December 2011

This is where I’m “at” now-a-days! LOG Saturday event using the Lincoln City Urban map. Great chance to get some quality Urban training done on a quality Urban map in quality Urban terrain. The only problem I, and others had, was in the overprint of the course, rather blending into the olive green background, making it very difficult to pick out your next leg / control. Otherwise excellent!

### 17th December 2011

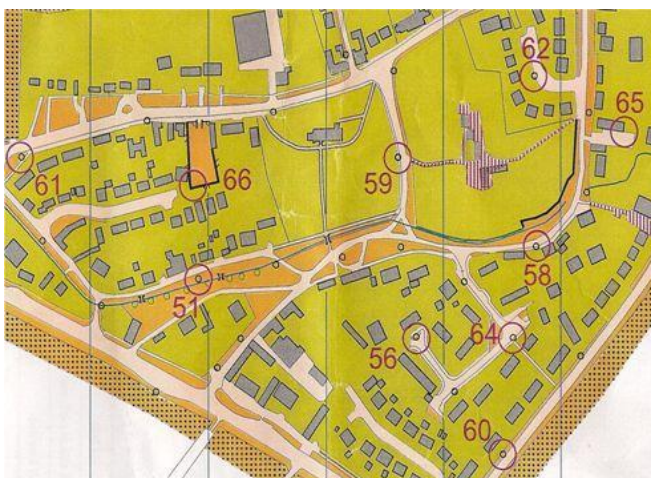
**HALO at the Humber Bridge Country Park.** A very testing Technical course, underfoot conditions dictating route choices. Any contouring legs needed to be tackled by dropping and climbing or vice-versa as the slopes were just too dangerous to attempt any contouring along the slopes.

### 28th December 2011

A bonus “event” at the Botanical Gardens in Sheffield. Charlotte provided the map and we ran from her University accommodation, out and back, to run a very complex Sprint-style exercise on a very large scale map. Lots of controls, mostly open parkland and ornamental gardens, a nice bit of post-xmas exercise!

### 1<sup>st</sup> January 2012

**HALO New Years Day.** Great – another Urban map, this time Barmby Moor, adjacent to Van Dam Land. Although not especially good for a traditional cross-country type course – not sure what you are suppose to call them when they are run on tarmac! absolutely ideal for a Score format, offering multiple micro-route choice across the residential areas, and a small children's play park! A long "dead" track run joined this to some farmland and the Van Dam residence which ended the event with a Sprint-style run around the substantial garden, including control sites as varied as wet pit, knoll, rootstock.....gosh, this event had the lot!



### 21st January 2012

**Edinburgh, 2012 Nopesport Urban League Race 1.** This is the first time we've run Edinburgh, and, even after much virtual O-training, including looking intently at old maps and event RouteGadgets, it's no substitute for having been there before. Still, my race went well, and I do, at last, feel like I'm racing – running hard when necessary, slowing to concentrate when things get tight. I was particularly pleased at the end of the race when we ran through Campus grounds in a Sprint-style finale to the Urban race. We ran in the southern part of the city, with lots of small alleyways adding to the route choice problems set.



### 7th January 2012

HALO Saturday League kicked off in style at **Cleethorpes Country Park** thanks to Mr.Slater offering cunning route choice across the area and taking us to parts not visited in the summer during the Lincolnshire Challenge Shield. What a difference to summer running too. Excellent runnability at this time of year really enhanced the experience. I ran this "eye-balls out" and was pleased to hold my O-technique together, collecting in a number of runners as I blasted round!

### 15<sup>th</sup> January 2012

A final chance to get some quality Urban training in before the first "proper" race of the season (Edinburgh, Nopesport Urban League) in a weeks time. I ran the 2009 and 2010 York City races using Charlotte and Amanda's maps, but not venturing into area's where I thought access/permissions might be required. That's the beauty of Urban, ordinarily, for training anyway, you don't need to worry about permissions.

### 28th January 2012

**HALO Saturday League, East Park.** Really great now we are getting some excellent quality, large scale maps produced that actually look good too! Well done Neil!! I was a bit sloppy, and struggled at one point in particular with the overprint, running to control 16 rather than control 6 from 5. The bridges and tunnels were a good test, but I think, once you've been, you shouldn't have problems with them on your next visit. I was so cross with myself that I re-ran the whole course again, but took alternate route choices, which in itself, provided some very useful feed back for future reference. Combined with some adjoining Urban / School / College grounds this would be excellent in the future, keeping the Junior Under 16's in the Park while allowing the Seniors a super mixture of terrains.

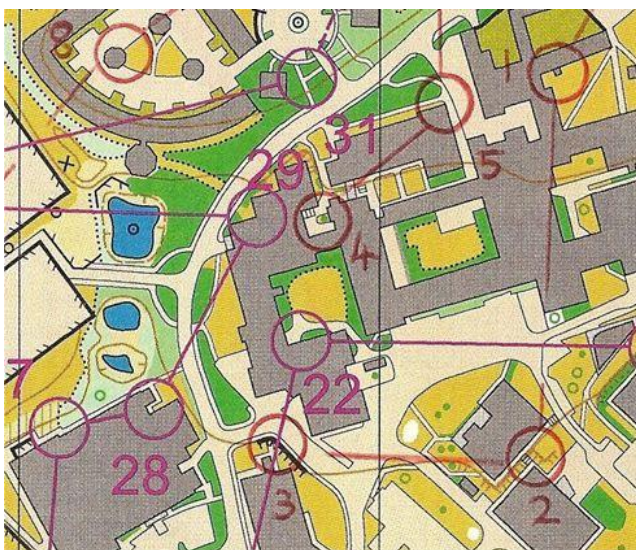


**29<sup>th</sup> January 2012**

**Welbeck College and Beaumanor Park.** This was a busy little event. Welbeck is a military establishment and Beaumanor is a stately home. They were combined into one map with playing fields between. Courses were short – Brown was only 4.4km but an additional Sprint course was offered, or you could do another Colour Code for a nominal fee. Not sure if this is a Long Sprint, or a Short Middle? Either way it was excellent training, running hard and navigating the complex building layout, blasting across the playing fields, slowing for the ornamental gardens. The most unusual control site you'll find? – in the ornamental gardens, a life size rhinoceros statue!!

**4<sup>th</sup> February 2012**

**Clifton Campus, Nottingham.** Much like the HALO Saturday League events in nature, I ran Long and Short Technical, weaving through University Campus buildings, playing fields and small wooded areas, both runnable....and not! These are perfect to use without pressure, while still being able to compare against peer runners, in this case Charlotte and a certain Mr. Murgatroyd. One overprinting mishap saw many competitors trying to negotiate a locked gate – still, remember, it's one of the 7 Urban Laws – accept cards dealt!



**11<sup>th</sup> February 2012**

**Weelsby Woods, HALO Saturday League.** One Urban component (one of several actually) I need to practice is Park-O. You'll invariably come across some Park element during an Urban race, even if it's a full-blown City Race. Remember, practice makes perfect, I'm just not sure, at this moment in time, how much practice I'm going to need to perfect my Urban and Sprint Orienteering racing, but this all helps get me a step closer!

**12<sup>th</sup> February 2012**

Oops! Who suggested going to Thieves Wood?? I ran the event as if it were Urban – check control feature, route back from control, approach – direct isn't always best! At the (remote) finish, talk was of an injured competitor in the forest. You just "know", don't you! I obtained the location of the injured party and thought I ought to see a) if any other help were required, and b) make sure it wasn't you-know-who.....like I said, you just "know", don't you!

**17<sup>th</sup> February 2012**

**South Cave** – wait for it.... Urban Night Two Person Team Odds & Evens Score... to give it the full and proper title! About a dozen folk partook the evening sport on offer, including our friends from SYO, Paul, Marcia and Simon Bradbury (Adam was otherwise engaged). Much like Barmby Moor, a conventional course probably wouldn't work, but a Score is ideal. With the Odds & Evens element it gives around 45 minutes / 9km running for a good standard Orienteer, even on a 1:5,000 A4 size map – excellent!

**18<sup>th</sup> February 2012**

**Beverley Urban.** Being unable to get to the Wednesday event that Mary and Neil put on for Beverley Athletic Club a couple of weeks previously, I blagged some maps from Neil and ran the courses as training. I was a bit tired, forgot my compass – not for the compass itself, but for the excellent magnifier attached! Anyway, as I always do, instead of punching, I take splits at each control point so that I can still analyse the run and compare against any actual runs if the runs are available – which in this case they were. Interesting stuff, well, I think so anyway – and that's what counts!

Event Reports (you can also follow me at [www.haloite.wordpress.com](http://www.haloite.wordpress.com) – and, if you particularly like Urban & Sprint Orienteering – bookmark [www.urbanorienteeringuk.wordpress.com](http://www.urbanorienteeringuk.wordpress.com))

26<sup>th</sup> February 2012

**Roundhay Park.** Another excellent "Training for Urban" event. With the promise of a mix of terrain, including Urban on the Blue and Brown, I thought "why not?!" Brown seemed a touch long, so I opted for Blue – my usual Colour Code fodder. There wasn't anywhere near as much parkland as I had anticipated, but the Urban-type woodland, thin strips, mostly steep sided, provided useful practice with the thumb compass, and of course, the magnifier more than earned its usefulness.



**3<sup>rd</sup> March, York Sprint Training,** courtesy of Steve Whitehead. Using four maps, slightly overlapping, I ran 2 x 1.9km courses and 2 x 2.2km courses. The former two were the actual planned training for the day, the latter two being training from a previous week that I hadn't managed to get along to. I think I overdid it, maybe, in retrospect, three courses would have been sufficient. I tired significantly in the last session, really losing focus and getting very wraggy technically. I had run a long, hilly, off-road trail the day previously, so I really ought to know better! Anyway, Excellent Sprint practice. Castle Museum Grounds and Gardens, Common Land, Ornamental Gardens, City Centre alleys, roads, traffic and pedestrians. Terrific practice.

**Wednesday 7<sup>th</sup> March, York (Night) Sprint Training** (Steve Whitehead)

Ordinarily I wouldn't entertain Night-O, but as this was both Sprint and Urban, well, it would have been rude not to! York City Centre at night is quite a thriving environ, even for a mid-week evening. We were provided with 2 courses, each weaving in, out and through the complex back streets and alleys. It could have been quite difficult to pick out detail from the map at night,

but I didn't find that to be the case. Steve's maps were very clear and easy (nice) to extract detail from. We mainly had short legs criss-crossing the City Centre with constant changes of direction, but just to mix it up a couple of longer legs were thrown in to join up the more interesting parts of the area. Another excellent opportunity taken and used as it should have been!

10<sup>th</sup> March 2012

**Great Malvern Urban Race, Nopesport Urban League. Race 3.** Every now and then, usually about once a season (fortunately just the once!) my technique seems to totally fail me, today, for this year (I hope) this was that day! You know when it's not happening, even as early as leg 2 in a race. Things I was picking up quite readily in training were just not happening today, typically, it's one of the 12 or so races this season that I particularly want to do well in, oh well, there are lessons to be learned, let's hope they are! Great Malvern itself was excellent Urban terrain. A 1:5,000 A3 map had us weaving through town centre, parkland, hillside, common land, residential and with a railway bisecting the eastern side of the map with half a dozen crossing points, the route-choice through them was complex to decipher! Excellent, despite the very poor result ☹

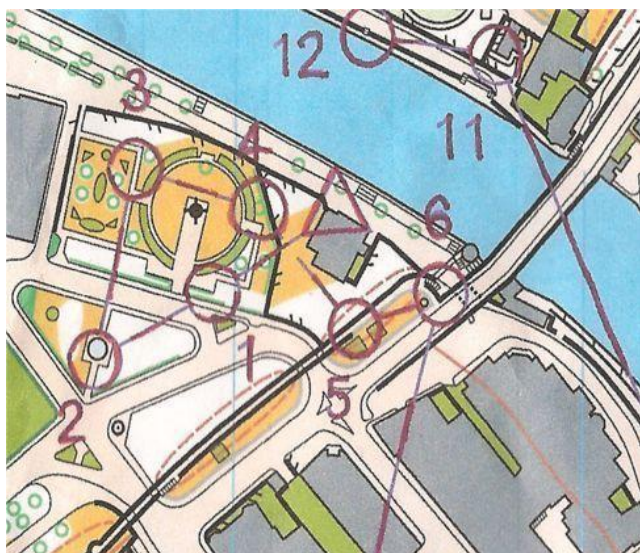
11<sup>th</sup> March 2012

**Foxley, Midland Championships.** What a disappointment! Looking at the map in the start lane, the vast majority of the woodland was mapped with a thin, vertical green line – in other words – brambles – and LOTS of them. The planning was poor too. I ran M50 Short – I won't do Long – I'm not one of those "old school" orienteers who believe if you aren't out in the forest for hours, you haven't got your moneys-worth! The first leg was a steep uphill climb on a path, not a great start, a few long path runs followed, the technical aspect being added by cunningly hiding a control behind a tree stump in a non-existing re-entrant! If you like running, well, ok, stumbling through brambles, then it would have been good for you! For me it wasn't! This was a Championship? The terrain and planning certainly didn't reflect that, in my opinion, anyway!



**14<sup>th</sup> March 2012**

**York Sprint Training.** Our penultimate night training prior to the British Sprints at York University on 24<sup>th</sup> March. We started the first exercise in the heart of the railway station before bursting out into the city centre. A combination of short, quick legs, were joined together by long (for Sprint) legs across the less interesting sections, but still created interest in the micro route choices. Mr.Whitehead really makes you work though, and his subtle, but non-the-less (very) accurate, control descriptions ensure you never take your eye off the ball! Throw in some small but complex ornamental gardens and you have a complete Sprint experience. Even crossing the river on the 2<sup>nd</sup> exercise had route choice – steps “v” longer/flat route. Another good technical workout – everybody’s happy – well, I am!

**16<sup>th</sup> March 2012**

**York Sprint Training.** I managed to get away from work early, leaving me with the opportunity of some mid-afternoon Sprint Training in York on the Monk Bar maps that Mr.W had prepared for a previous “official” session. The first exercise used some college grounds and a hospital (both open access) to get the feel for Campus sprinting and mixed in a nice residential route choice leg, which I missed, opting for a longer “safer” route, and not noticing the subtle short cut! Exercise two was more straight forward, just employing the (busy) city streets, this time I managed to pick up the short cut, the finish was in and amongst the city walls which made for a nice change!

**17<sup>th</sup> March 2012**

**Helmsley Sprint Training.** The bustling Market Town, even on a Saturday in mid-March, gave us a chance to practice our “Sprint Starts” with 5 x very short courses and a longer, Route Choice course to finish. In total I ran 7.34km (good old Garmin 405) in 37:48 - the short Sprint courses being 0.3km, 3 at 0.4km and one at 0.6km in length, and the Route Choice being 1.7km long. My running times were between 3:48 to 6:12 for the 5 “Super Sprints” and 13:31 for the Route Choice – really great training again.

**18<sup>th</sup> March 2012**

**Pillar Woods, YHOA Champs.** Wow! I don’t think that I’ve run in terrain so much, that is, not on paths/tracks/rides, so much in a long while during an O event! Almost every leg dictated straight line running, just my complete lack of fitness in terrain started to let me down towards the end, I got Very tired.

I tried to run at a good pace throughout, just shows you how fit the top guys are – 42 minutes for 8.2km against my 50 minutes with only a couple of minor time losses.

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**A further note from Brian .....**

.....you can also follow me at:

[www.haloite.wordpress.com](http://www.haloite.wordpress.com)

If you particularly like Urban & Sprint Orienteering – bookmark

[www.urbanorienteeringuk.wordpress.com](http://www.urbanorienteeringuk.wordpress.com)

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## HALO at 0 and before!

## EYOC: the creation of HALO/1

*Following the EYOC AGM in 1981, the EGM on 4th May 1982 amalgamated EYOC and Vikings to create HALO ..... but by a narrow margin! Read on.....*

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EXTRAORDINARY GENERAL MEETING OF THE EAST YORKSHIRE ORIENTEERING CLUB, HELD AT ROSETTE SPORTS CENTRE, 4th MAY 1982

Meeting called by the Committee of the EYOC.

Present Phil Goreham, Nandy Goreham, John Higginson, Sheila Higginson, Rob Toose, Bryn Jones, Mike Wilmore, Colin Moulson, Mike Haseltine, Dave Pawling, Quentin Jefferson, Vic DeMain, Frank Shelley, Brian Slater, Pete Kullich, Dave Lawson, Dave Stubbs, Katy Stubbs.

Apologies Brian Ward, Geoff Holmes, Dave Higginson, Mike Cope, Mark Tyska.

The Chairman briefly explained the format of the meeting:

Proposal (1) was:

"East Yorkshire Orienteering Club and Vikings Orienteering Club amalgamate to form a new club."

If proposal (1) was accepted by the meeting the EYOC committee proposed that the constitution of the new club be based on the existing constitution of EYOC with the following two amendments.

Amendment 1

1(a) The club shall be called ..... henceforth called the club.

Suggestions for the club name had been accepted before the meeting and would be accepted during the meeting.

Amendment 2

(c) The club was formed by the amalgamation of the two former clubs EYOC and VIKINGS and incorporated all their assets and liabilities at the time.

The Chairman discussed the reasons the EYOC Committee had called the Extraordinary General Meeting. The points covered were briefly as follows. The difficulties experienced by VIKINGS in maintaining a viable club on the South Bank of the Humber due to a lack of numbers and expertise. The potential of that area was mainly untapped both in areas and participation. The contribution that EYOC could make was both in numbers and expertise.

Proposal (1) was then opened to the floor for discussion.

K.Stubbs put the Regional Committee's view that an amalgamation of the clubs was to be welcomed if it meant orienteering continued in South Humberside and Lincolnshire.

B.Jones commented on the numbers of available areas on the South Bank.

R.Toose queried the area covered by VIKINGS - M.Wilmore replied that at present it included South Humberside and Lincolnshire as far as Lincoln and Woodall Spa. - There was a discussion of the areas available for mapping around Woodall Spa etc.

Proposal (1) was voted on and passed unanimously.

Suggestions for the new club name were received as below.

Name	Abbreviation	Votes
Humber Orienteers	HUMOC	6
Humberside Orienteers	HUMOC	4
Eastern Navigators	EN	3
Humber Bridge Orienteers	HBO	4
Wold Wanderers	WW	4
Humber Harriers	HH	-
East Yorkshire & North Lindsay Orienteers	EYNLO	-
Eastern Escads	EN	2

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...continued

Name	Abbreviation	Votes
Humber Bridge Navigators	HBN	4
Humberside And Lincolnshire Orienteers	HALO	8
East Yorkshire Orienteering Club	EYOC	2
Lincolnshire and East Yorkshire O.C.	LEYOC	3

Humberside and Lincolnshire Orienteers (HALO) was duly chosen as the new name (proposed D. Holmes, Seconded D.Sawling)

Amendments 1 and 2 were both passed with no further discussion.

Officers of the new club - the following were elected:

		Proposed	Seconded
Chairman	B.Jones	B.Slater	J.Higginson
Secretary	R.Toose	B.Jones	M.Heseltine
Treasurer	P.Goreham	D.Stubbs	B.Slater
Committee	M.Wilmore	V.DeMain	P.Goreham
	B.Slater	R.Toose	D.Stubbs
	M.Heseltine	B.Jones	M.Goreham
	V.DeMain	P.Goreham	M.Heseltine
Regional Rep.	G.Jefferson	K.Stubbs	D.Stubbs

D.Lawson was to continue as Newsletter Editor.

B.Jones proposed a vote of thanks to D.Stubbs for his efforts over the last few years.

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The next HALO News will be published towards the end of August, before the White Rose weekend, target date 22nd.

Please send any articles including pictures to either:

newsletter@halo-orienteeing.org.uk or ken.hutson@gmail.com

They can be about anything related to orienteeing that you think may be of interest to members.