

Wednesday August 1st Queens Gardens, Hull Can you navigate around the Old Town?

Friday August 3rd

2012 Hull Gold

Noddle Hill Nature Reserve Explore this new nature reserve

Saturday August 18th Saturday September 1st

East Park, Hull East Park, Hull

Navigate around the city's largest park

Tel: 01482 300 300

'Starts' are from 1pm to 3pm

Cost - £1 only - Coaching available

Courses can be run by individuals or in groups and are suitable for all levels of fitness and ability.

Please come prepared for the summer weather!

