



Thursday Evening Orienteering
South Cave Urban
45 minute Score Event



Important Information

Registration and results – The Bear Inn, 61, Market Place, HU15 2AS.

Fees £5 (+£1 dibber hire if required) – includes £2.50 drinks voucher. Juniors £4.

Start times – between 6pm and 6:45pm. – (possibly earlier if the course is set up)

The event

You will be given a map at the start. (Non regulars may be given the map 2 minutes before their start time.)

The map will show the locations of 21 electronic control boxes positioned around the area.

They are numbered from 91 to 110 inclusive plus 112.

You have 45 minutes to navigate to as many as possible. Inserting the dibber in the box will record your visit.

There are **10 points** for every valid control but you will **lose 10 points** for every minute or part minute that you are late back.

Control locations

Many of the controls are on lampposts. Other controls are on obvious features, stiles, bridges, etc. The majority of the controls will be on urban pavements, **however there are five that are on rural footpaths which may be muddy**. There is a list of control descriptions (text format) on the map, indicating which feature each numbered control is on.

Safety Information

You are advised to wear items of reflective clothing – to improve your visibility to passing vehicles. You are also advised to take a head torch (to assist with reading the map). Please note - there are no street lights near the five controls, mentioned above, on rural footpaths. Some, if not all, of the event will take place in twilight or darkness.

There are some busy roads in the area, only cross when it is safe to do so.

There will be pedestrians in the area who will not be expecting runners coming round the corner. Run wide around the corners and look up regularly.

The area is predominately paved so normal trainers will be suitable, be aware that surfaces may be slippery if wet.

Under 16's can only take place if accompanied by an adult.

The map

A copy of the map without control locations will be available. Familiarise yourself with the symbols before you start – if in any doubt ASK.

The scale of the map is 1:6000, so 1cm on the map represent 60 metres on the ground.

Download

All competitors must report to the download in The Bear after their run, even if they have not completed their course.

This will avoid unnecessary searches for missing competitors.

Acknowledgements

Many thanks to the management of The Bear Inn for allowing us to use their premises for registration, results, etc. If you are able please repay this hospitality by having a drink and/or a meal after your run.

Finally

If this is your first event, we hope you enjoy yourself today and if you do, **please leave an email address** and you will be sent further information on Orienteering events in the area.

The results (and details of future events) will be available on the club web-site
www.halo-orienteeing.org.uk