

Hull O Urban Race 21<sup>st</sup> July 2013  
A NopeSport National Urban League Event  
Preliminary Details

Facilities

Assembly will be in the city centre adjacent to Queens Gardens and Queen Victoria Square.

Registration will operate from gazebos on hard standing. There will be limited facility for bag storage (at your own risk) as directed by organisers. There are public toilets in Queen Victoria Square (from 10am).

**Traveling to the Event**

**By public transport:**

The rail and bus stations in Hull are located on the same site, the *Hull Paragon Interchange*. Assembly and Starts are less than 10 minutes walk from the station.

**By Car:**

Parking

The council operated surface car parks are free on Sundays.

The following is a link to the Hull City Council car parking areas in the city centre.

[http://www.hullcc.gov.uk/portal/page?\\_pageid=221,99422&\\_dad=portal&\\_schema=PORTAL](http://www.hullcc.gov.uk/portal/page?_pageid=221,99422&_dad=portal&_schema=PORTAL)

Albion Street, Lowgate and the History Centre short stay car parks are all less than 10 minutes walk to Assembly.

**Entries**

Online entries via Fabian4 will be available up to 18th July. Online entry fees, £8 per event (**£9 after 14th July**), with concessions for Juniors & students and a discount (£3) for competitors entering both events online.

Entry on the day, £10 per event with concessions, subject to map availability

SI Card hire and pre-hired cards will be available from Registration

**Times**

Registration 10.00 – 12:00; Starts from 10:30 to 13:00

**Race Numbers & Start Times**

Race numbers will be allocated to all competitors and these should be collected from Registration. The race number is your Fabian4 entry number. ***Please Note: If you are also entered for the YHOA Sprint Championships on Saturday, please retain your race number from that event, spare numbers will not be available.***

Start times will be allocated and published on the Fabian4 website

**Terrain**

Hull City centre is very flat and there will be no climb of any significance on the courses. The area consists of a partly pedestrianized area together with the narrow cobbled streets of the old town. Within the mapped area are the River Hull, the Marina and the Pier fronting onto the River Humber. All of the areas of water are uncrossable except by the marked bridges. Note that much of the walkways alongside the

River Hull and the Marina are unfenced, (the junior courses will not visit the River Hull or The Marina.) The map is crossed from east to west by, the very busy, Castle Street (the extension of the A63). Castle Street can only be crossed using the underpasses marked. The courses have been planned to make this the sensible route.

#### **Courses Lengths**

Competitors may enter for any course they wish. However, in order to obtain points for the Yorkshire Urban League or compete for the Nopesport League, they must enter their correct age class.

Course A	Open Men (M18-M35)	8.1 km
Course B	Open Women (W18-W35) Veteran Men (M40+)	6.7km
Course C	Veteran Women (W40+) Super Veteran Men (M55+)	5.4km
Course D	Super Veteran Women (W55+) Ultra Veteran Men (M65+)	4.1km
Course E	Ultra Veteran Women (W65+)	3.0km
Course F	Junior Men (M16-) Junior Women (W16-)	3.0km
Course G	Young Junior Men (M12-) Young Junior Women (W12-)	2.0km