

combined times gave him the overall win. Meanwhile Ken Hutson was in Livingstone near Edinburgh, running the SOUL urban event and finishing 25th. Plus, Halo members, Wayne Byrne and David Jolly were at the RAFO Spring Sprints held at RAF Boulmer last Wednesday. Courses were urban very short sprints, both came away with medals. Gold for Wayne in the Team relay and bronze for David in the individual competition. Sunday 23rd March, LOG events Burwell & Haugham near Low Peter Harris controlling. Sunday 30th March HALO R Event at Houghton Moor. Neil and Ken are organising event and very much need h the day. If you are able to vor please contact them as soor possible. Thanks.	th, with Regional I this help on Dlunteer,
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Τ	
and finally	
I don't quite know how Brian M Peter Harris ended up running Women course on Sunday at Woods. Their wives, Amanda were quite happy running non specific courses !! Brian howe finish second.	g the Blue Bentley and Isoldt, gender
TUESDAY 11th March 2014	
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