HALO News Tuesday 6th June 2017 View this email in your browser



### The Lincolnshire Poacher.....

"As the cream slowly rises in the coffee cup of destiny........ and the dunked biscuit of hope finally crumbles.....it's time for Poacher No.9"

Thanks to Helena for planning the three courses at Normanby Park South last week. It doesn't matter how many time we run there, it's always a challenge

Thanks to Pete Shew also, for getting the results uploaded.

Joe, Holly and Hannah were victorious again, and Karen Cook did manage to run the Woodhall Spa 10km, in a time of 54.50, despite injuring herself last Wednesday.

Tomorrow night we are sprinting at Brookenby, with Pete Harris as planner.

Starts are from 6pm or earlier, full details are on the HALO website, so no one can say "I'm Sorry I Haven't A Clue.....".

#### All Hail Mary.....

The full title of the SYO event last Sunday, was Treeton and Hail Mary Woods.

The west side of the map was just like Normanby Park South......I'll say no more.

On the green Andrew Houlden was 17th, Paul Simmons 19th (7secs ahead of me) Pete Shew 24th, Hail Mary Carrick 33rd and Rosie Field 37th.

The blue saw Dean Field 5th, Paul Van Dam 7th, Jake Field 8th with Joe 9th, Helena Crutchley 13th, Pete Harris 17th and Alex Smith 18th.

Dominic Houlden was 31st white with Tilley 38th, Emma Van Dam was 5th orange, Marie Van Dam 25th short green and Patricia Simmons 5th light green.

Meanwhile at the Walton Chasers' urban event last Sunday, Brian Ward was 1st M55 and Stuart Whittingham was 8th on the M40 class.

### Events Coming Up.....

Wednesday 7th June, HALO - Lincolnshire Poacher 9 Brookenby

Saturday 10th June, BOK - Euro City Races Bristol

Sunday 11th June, EPOC - Dewsbury Urban

Wednesday 14th June, **HALO** - Lincolnshire Poacher 10 Hemswell

Saturday 17th June, NOC - EM Sprint Champs Nottingham

Saturday 17th June, NN - Durham Night Score Sunday 18th June, LEI - Loughborough Urban Sunday 18th June, NN - Hougham Woods

Wednesday 21st June, **HALO** - Lincolnshire Poacher 11 Healing Manor

Saturday 24th June, **HALO** - Hull Weekend Tri-O Sunday 25th June, **HALO** - Hull Weekend Urban

# Useful links.....

Websites of clubs and associations frequently mentioned in the **HALO** newsletter.

AIRE, CLARO, CLOK, DVO, EBOR, EPOC, FABIAN, LEI, LOG, NOC, SYO, YHOA

## The General Election.....

It's the last few days of campaigning for candidates in the Beverley Westwood constituency. They promise not to milk you dry, but may trump a lot.......







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