



London City Race.....

Well done to Pete Harris on completing all three events at the London City Race weekend. Organised by SLOW and LOK, the main race on Saturday had the most HALO runners. Wayne Byrne was 9th MO, David Jolly and Martin Smith were 21st and 35th MV, Pete was 39th MSV and Helen Chan 37th WV.

HALO AGM Changes.....

This year's AGM is still on Saturday 29th September at 3.30pm, but is now being held in the Sports Centre at the King George V playing fields **Hessle**. (at the bottom of Boothferry Hill near the roundabout)
Beforehand Neil is organising a 45 minute street score event, with starts from 1pm.

HALO Urban Club Championships.....

The Urban Club Champs is this coming Sunday at Attercliffe in Sheffield.

Online entries are still available via Fabian4, with limited eod.

As it's a colour coded event, these are the age course comparisons, but with the exception of juniors, you can run any course you like.

Yellow: Young Junior Men / Women M12- / W12-

Light Green: Junior Men / Women M16- / W16-

Short Green: Ultra Veteran Women W65+

Green: Ultra Veteran Men M65+, Super Veteran Women W55+

Blue: Senior Veteran Men M55+, Veteran Women W40+

Brown: Veteran Men M40+, Women Open W18-35

Black: Men Open M18-35

Half Marathon.....

A few HALO runners took part in the ABP Coastal event at Cleethorpes on Sunday.

First female finisher was Charlotte Ward in 1hr 24, meanwhile Lee Smith finished in 1hr 28, Brian Hostad in 1hr 36, Martin Manchester 1hr 51 and Alex Smith 1hr 59.

Events Coming Up.....

Saturday 22nd September, LOG - Lincoln Parks Series

Sunday 23rd September, SYO- Attercliffe Urban inc HALO Club Champs

Tuesday 25th September, HALO - Pub League Bev North

Saturday 29th September, HALO - Score Event Hessle 1pm

Saturday 29th September, HALO - AGM Hessle 3.30pm

Tuesday 2nd October, HALO - Pub League Broughton

Saturday 6th October, HALO - Humber Bridge Country Parkrun event

Sunday 7th October, LEI- Shepshed urban, or SELOC Liverpool Uni

Saturday 20th October, HALO - Gainsborough Urban

Friday 16th November. HALO - Awards Dinner

Useful links.....

Websites of clubs and associations frequently mentioned in the [HALO](#) newsletter.

[AIRE](#), [CLARO](#), [CLOK](#), [DVO](#), [EBOR](#), [EPOC](#), [FABIAN](#), [LEI](#), [LOG](#), [NOC](#), [SYO](#), [YHOA](#)

Postcards from London.....



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