



### Weekend Results.....

Big turnouts again last Sunday with events by AIRE and NOC.

Twenty HALO runners took the opportunity to get lost in some woods.

At Adel Woods top finishers were George Van Dam 11th blue, Helen Chan 33rd green, John Butler 32nd short green and Emma Van Dam 6th light green.

Whilst at Sherwood Forest, Elspeth Jolly was 9th light green, Pete Shew 5th short green, Paul Simmons 44th green, Pete Harris 11th blue and David Jolly 15th brown.

### Dry January.....?

Don't panic, the HALO pub league is on the horizon.

Dates and venues have now been released, with events taking place on a Wednesday night from February 20th through to March 27th.

### Only Connect Rnd Tw.....

Congratulations to Lawrence Cook and his team, The Dragons, who made it through to the second round of Only Connect last night on BBC2.

### Events Coming Up.....

Sunday 13th January, LEI - Spring Cottage

Sunday 20th January, SYO - Hugset

Saturday 26th January, EBOR - York Uni Night Event

Sunday 27th January, LOG - Belton Woods

Sunday 3rd February, CLOK - Coalmire

Monday 4th February, LOG - Night event

Saturday 9th February, SYO - Night Event, Ladies Spring Wood

Sunday 10th February, DVO - Birchens Edge

Wednesday 20th February, HALO - Pub League Caistor

4th-6th May, BOC 2019 - Wharfedale

18th-22nd April, JK2019 - Guildford

28th July-3rd August, Scottish 6 Days

### Useful links.....

Websites of clubs and associations frequently mentioned in the [HALO](#) newsletter.

[AIRE](#), [CLARO](#), [CLOK](#), [DVO](#), [EBOR](#), [EPOC](#), [FABIAN](#), [LEI](#), [LOG](#), [NOC](#), [SYO](#), [YHOA](#)

### New Year, New You.....

Want to improve your orienteering technique? HALO News is here to help.

Lesson 62..... the map.



Don't be afraid to ask for help if needed



Don't let go of it, whatever happens



Glasses sometimes help

Copyright © 2019 HALO. All rights reserved.

You are receiving this email either as a member or friend of HALO. You may opt out of further emails by contacting us.

#### Our mailing address is:

HALO  
104 High Street  
Wootton  
Ulceby, DN39 6RR  
United Kingdom

[Add us to your address book](#)

[unsubscribe from this list](#) [update subscription preferences](#)



