



Pub League.....

The autumn pub league score events start at Healing Manor tomorrow night.

A 45 minute score event, kick off's 6pm, don't forget your hi-viz.

AGM.....

The HALO AGM will be held at The Huntsman, Barton upon Humber, on Saturday 5th October at 2pm, Beforehand will be the pub league and try orienteering event.

The agenda and previous minutes are on our website. The current committee are having to do an awful lot of work at the moment, so new helpers would be great.

National Championships.....

The Sprint and Middle Distance orienteering championships were held last weekend.

At the Loughborough sprints on Saturday, David Jolly was 1st M45B, whilst Amanda Ward was 2nd W55C. Good class runs also from Pete Harris (10th) Brian Slater (7th) Elspeth Jolly (8th) and Flora Jolly (7th). Unfortunately Brian Ward mispunched in the heats and Charlotte in the final.

On Sunday on the moor at Chinley, John Butler was 8th M75, Brian Slater 32nd M70, Elspeth Jolly 10th W14 and David Jolly was 11th M45. Well done folks....

Thought for the day.....

Is it true any apple a day keeps the doctor away,

or is it just one of those granny's myths.....?

Events Coming Up.....

Weds 18th Sept, HALO Pub League - Healing

Sun 22nd Sept, CLARO - Hollin Head

Sun 22nd Sept, SLOW - London City Race

Weds 25th Sept, HALO Pub League - Immingham

Sat 28th Sept, HALO Pub League & Try O - Cottingham

Sun 29th Sept, NOC - Retford Urban

Weds 2nd Oct, HALO Pub League - Hull Old Town

Sat 5th Oct, HALO Pub League & Try O - Barton (AGM Afterwards)

Sun 6th Oct, CLOK - Sneaton Forest

Weds 9th Oct, HALO Pub League - Hull Victoria Dock

Sat 12th Oct, HALO - Humber Bridge Parkrun & Try O

Sun 13th Oct, SYO - Wombwell Woods

Sat 19th Oct, HALO - Hessle Urban

Useful links.....

Websites of clubs and associations frequently mentioned in the [HALO](#) newsletter.

[AIRE](#), [CLARO](#), [CLOK](#), [DVO](#), [EBOR](#), [EPOC](#), [FABIAN](#), [LEI](#), [LOG](#), [NOC](#), [SYO](#), [YHOA](#)

It Ain't Half Hot Mum.....

Well done to Lee Smith, Brian Hostad and Wayne Byrne for completing the Cleethorpes ABP Coastal Half Marathon last Sunday.

Photos from the Tape-to-Tape website.



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