

Oriental Orienteering.....

HALO runners were everywhere last weekend.

Charlotte went the furthest, to China, to compete in the Orienteering World Cup.

Her team finished 13th in the mixed sprint relay. In the individual sprint race, which took place today, Charlotte was 30th and top female Brit.

Neil perhaps traveled the shortest distance to compete at Longshaw (18th blue)

Mary Carrick was running in North Wales, her report is below.

David Jolly was with RAFO at the Cambridge City Race (15th MO) and the Chobham Challenge (22nd brown).

Whilst Pete, Isoldt and Helena were in Hexham for the October Odyssey weekend. Pete got 2nd overall M60 and Helena was 1st overall W55. Well done everyone.

YHOA League Updates.....

I'm sure you're aware that the YHOA runs a series of leagues throughout the year.

Our event at Hessle last week was the last in the 2019 Urban League.

The points have now been added up and we can let off the podium klaxon for Mike Smith 1st MHV, Brian Ward 1st MSV, Emma Van Dam 3rd WYJ and JB 3rd MHV. We had loads of HALO runners well placed. You can see the tables online.

The YHOA Superleague has three events left in 2019. These are at Skipworth this weekend, Brimham Rocks three weeks after and Shipley Glen in December.

The YHOA Night League begins next Saturday at Loxley and continues at Ripon, Beverley, Huddersfield, Selby and Ilkley. Six events in all for you to have a go at.

A footnote about the YHOA Championships the other week at Wombwell. Still no official results on the website, however Mary Carrick has done some investigating and come up with the following; John Butler 1st M75, Helen Chan 1st W40, Helena 2nd W55 and Mary herself 2nd W70.

Marv's Mountain Marathon......

Was really silly and got myself a late entry in the 37th Snowdonia Marathon which was held last Saturday.

It is not the one that goes up and down the mountain, but goes round on the roads. Starting up the LLanberis Pass and then doing a large circle heading east at Waen Mawr and going up 700 ft in the next two miles on a minor road which turns into a cart-track. From the top you then charge downhill for the last two and half miles to end up back in LLanberis.

It is some 20 years since I last did this silly run - having completed 8 previously with a PB of 4 hours 8 minutes. Weather not too good this year with rain at start but then it did brighten up a bit but, and it is a big but, the run down from the tops is very steep and on a track which was extremely muddy, hence my time of 7hrs 15mins.

Best bit was the last marshaling point at about 1000 foot where all the marshals were dressed as characters from the Mad Hatter's Tea Party. - they even got me a cup of coffee rather than the tea they were offering everyone else....

Events Coming Up.....

Sat 2nd Nov, EBOR - St Nicolas Fields Sat 2nd Nov, SYO - Loxley Night O Sun 3rd Nov, EBOR - Skipworth

Sat 9th/Sun 10th Nov, MDOC - Twin Peaks Buxton & Stockport

Sat 16th Nov, EBOR - Walmgate Stray Sat 16th Nov, CLARO - Hell Wath Night O Sun 17th Nov, SYO - Bowden Housteads Sun 17th Nov, CLOK - Baltby Woods

Sun 24th Nov. CLARO - Brimham Rocks inc YHOA MD Champs

Sun 24th Nov, NOC - Notts Uni Fri 29th Nov, HALO - Awards Evening Sun 1st Dec, AIRE - Shipley Glen Sun 8th Dec, LOG - Grimsthorpe Castle Sat 14th Dec, HALO - Beverley Wetwood Night O

Sun 15th Dec, HALO - Beverley Westwood Regional Event

Useful links.....

Websites of clubs and associations frequently mentioned in the $\underline{\textbf{HALO}}$ newsletter.

AIRE, CLARO, CLOK, DVO, EBOR, EPOC, FABIAN, LEI, LOG, NOC, SYO, YHOA

Postcards from Twitter.....

Can you spot the HALO members?







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